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lopes Pires, M. E., Ahmed, N. S., Vara, D., Gibbins, J. M.  
ORCID: <https://orcid.org/0000-0002-0372-5352>, Pula, G. and  
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# **Zinc regulates reactive oxygen species generation in platelets**

## **Running Head: Zn<sup>2+</sup> regulates platelet ROS production**

M.E. Lopes Pires<sup>1</sup>, N. S. Ahmed<sup>1</sup>, D. Vara<sup>2</sup>, J. M. Gibbins<sup>3</sup>, G. Pula<sup>4</sup> and N. Pugh<sup>1</sup>.

### **Short running head: Zn<sup>2+</sup> regulates platelet ROS production**

Dr. Maria E. Lopes Pires, PhD: Department of Biomedical and Forensic Sciences, Anglia Ruskin University, Cambridge, UK, CB1 1PT

Dr. Niaz S. Ahmed, PhD: Department of Biomedical and Forensic Sciences, Anglia Ruskin University, Cambridge, UK, CB1 1PT

Dr Dina Vara, PhD: College of Medicine and Health, University of Exeter, Exeter, UK.

Dr Jonathan M. Gibbins, PhD: Institute for Cardiovascular & Metabolic Research, University of Reading, Reading, UK.

Dr. Giordano Pula, PhD: **University Medical Center Eppendorf Hamburg Institute for Clinical Chemistry and Laboratory Medicine, Hamburg, Germany**

Dr. Nicholas Pugh, PhD (Corresponding author)

**School of Life Sciences,**

Anglia Ruskin University,

East Road,

Cambridge, CB1 1PT.

E: [Nicholas.Pugh@anglia.ac.uk](mailto:Nicholas.Pugh@anglia.ac.uk)

Orcid: 0000-0002-6916-4199

Tel: +44 845 196 2661

## **1. What is known on this topic**

- Platelets produce ROS in response to activation during thrombosis
- Exogenous Zinc acts as platelet agonist
- Zinc is an intracellular secondary messenger in platelets
- ROS production is regulated by NADPH oxidases, and involves signalling via MAPK family members

## **2. What this paper adds**

- Fluctuations of intracellular  $Zn^{2+}$  in platelets regulates ROS production
- $Zn^{2+}$ -dependent ROS production is dependent on NADPH oxidase and mitochondria activity, and is regulated by Erk1/2 and JNK
- This is the first work to demonstrate a role for zinc in platelet ROS generation.

## **Abstract**

Vascular complications resulting from atherosclerosis development are a major cause of death. Reactive oxygen species (ROS) are produced by platelets during activation, and have been demonstrated to positively regulate platelet activatory responses.  $Zn^{2+}$

is also an important haemostatic cofactor in platelets, acting both as a platelet agonist and secondary messenger. Whilst the effect of  $\text{Zn}^{2+}$ -dependent signalling mechanisms on ROS production in nucleated cells has been demonstrated, comparable roles in platelets have yet to be investigated. In this study we investigate the relationship between fluctuations in cytosolic  $\text{Zn}^{2+}$  [ $\text{Zn}^{2+}$ ]<sub>i</sub> and platelet ROS production. Agonist-evoked ROS production, GSH levels and GPx activity are abrogated in platelets treated with the  $\text{Zn}^{2+}$ -chelator, TPEN. Conversely, increasing platelet [ $\text{Zn}^{2+}$ ]<sub>i</sub> using  $\text{Zn}^{2+}$  ionophores potentiated ROS generation and decreased GSH levels and GPx activity.  $\text{Zn}^{2+}$ -dependent ROS production was sensitive to pretreatment with DPI or mitoTEMPO, a NADPH oxidase and mitochondria inhibitors respectively. Increasing [ $\text{Zn}^{2+}$ ]<sub>i</sub> resulted in increases of Erk1/2 and JNK phosphorylation. Our data are consistent with a functional association between [ $\text{Zn}^{2+}$ ]<sub>i</sub> and ROS production in platelets that could influence thrombus formation in a clinical context.

### *Keywords*

Zinc, platelets, ROS, signal transduction, thrombosis

## Introduction

Complications resulting from atherosclerosis development are a major cause of mortality and morbidity.[1] Atherosclerotic plaques develop as a result of chronic inflammation, with inflammatory signals activating endothelial cells, leading to leukocyte infiltration. Platelets also cooperate in inflammatory processes leading to plaque development and tissue reconstruction.[1,2] The evolution of atherosclerotic plaques and their subsequent rupture, are responsible for myocardial infarction and stroke.[3]

Zinc ( $\text{Zn}^{2+}$ ) is an important regulator of intra- and extracellular physiological processes in a variety of cell types. Local, extracellular  $\text{Zn}^{2+}$  levels significantly increase in the initial inflammatory phase following injury, and have been shown to facilitate wound healing.[4,5] Furthermore, levels of  $\text{Zn}^{2+}$  in atherosclerotic plaques are approximately six times greater than in healthy tissues.[6] As  $\text{Zn}^{2+}$  is present in the  $\alpha$  granules of platelets, degranulation is likely to result in localised increases in  $\text{Zn}^{2+}$ , [7] which could regulate haemostatic processes.  $\text{Zn}^{2+}$  has been shown to have important functions in haemostasis. Bleeding irregularities are correlated with low zinc diets in humans and rodents.[8,9] Exogenous  $\text{Zn}^{2+}$  acts as a platelet agonist, being able to cross platelet membranes to initiate platelet aggregatory mechanisms in a manner that is dependent on PKC.[10,11] Recent work has demonstrated that intracellular  $\text{Zn}^{2+}$  ( $[\text{Zn}^{2+}]_i$ ) increases in the platelet cytosol as a result of agonist stimulation, in a manner consistent with a secondary messenger.[12] **In this work it was shown that agonist-evoked increases in  $[\text{Zn}^{2+}]_i$  were sensitive to the platelet redox state, suggestive of a role for thiol groups on  $\text{Zn}^{2+}$  binding proteins.**

Whilst reactive oxygen species (ROS) are produced as a result of the habitual metabolism of cells, chronic and acute overproduction of ROS is associated with the

development of cardiovascular disease, hypertension, diabetes, hypercholesterolemia, thrombotic diseases and metabolic syndrome.[13–16] The principal forms of ROS are superoxide anion ( $O_2^{\cdot-}$ ), hydrogen peroxide ( $H_2O_2$ ), hydroxyl radicals ( $OH^{\cdot}$ ), and hypochlorous acid (HOCl). These are endogenously produced from distinct sources via the action of enzymes including NADPH oxidase, xanthine oxidase, lipoxygenase, cyclooxygenase, and components of the mitochondria electron transport chain. [17]. In low concentrations, ROS plays a role in the function of cell processes .[19] At higher concentrations, ROS production results in damage to cell components, including lipids, nucleic acids and proteins.[20] This damage impairs regular cell activity and can lead to the release of secondary reactive species which can do further damage, contributing to a development of different diseases.[16,21–23]

The mechanisms that lead to the release of ROS from nucleated cells have been investigated, and the involvement of  $Zn^{2+}$  in this process has been assessed. Treatment of cells with  $Zn^{2+}$  promotes increases in ROS generation as a result of NADPH oxidase activity.[24,25]  $Zn^{2+}$ -treatment results in damage to renal cells *in vitro*, concomitantly with a raise of ROS release and promote the activation of p67phox, a NADPH oxidase subunit.[26] ROS production in numerous cell types correlates with  $Zn^{2+}$ -dependent regulation of NOX expression [27,28] and mitochondria activation[29–31]. However, the effect of exogenous or endogenous  $Zn^{2+}$  on ROS production in platelets is yet to be investigated. Here, we show that increasing  $[Zn^{2+}]_i$ , **via either** exogenously applied  $Zn^{2+}$  or agonist evoked increases in  $[Zn^{2+}]_i$  regulates ROS generation in a manner that is dependent on NADPH oxidase and mitochondria activation, and is regulated by MAPK phosphorylation. These data indicate that increases in platelet  $[Zn^{2+}]_i$  either from ruptured atherosclerotic plaques, or from

agonist evoked release from intracellular stores, couple ROS production to platelet activation.



## MATERIALS AND METHODS

### Materials

Cross-linked collagen-related peptide (CRP-XL; GpVI agonist) was from Professor Richard Farndale (Cambridge, UK), U46619 (TP $\alpha$  receptor agonist) was from Tocris (Bristol, UK), thrombin (PAR agonist) was from Sigma Aldrich (Poole, UK). The cell-permeable superoxide indicator dihydroethidium (DHE) was from Abcam (Cambridge, UK). The NADPH oxidase inhibitor diphenyleneiodonium chloride (DPI) was from Tocris. The mitochondrial targeted anti-oxidant, mitoTEMPO was from Sigma Aldrich (Poole, UK). Clioquinol, (Cq, Zn<sup>2+</sup> ionophore, C<sub>9</sub>H<sub>5</sub>ClINO, K<sub>d</sub>Zn: 10<sup>-7</sup>M, K<sub>d</sub>Ca: 10<sup>-4.9</sup>M), A23187 (Ca<sup>2+</sup> ionophore, C<sub>29</sub>H<sub>37</sub>N<sub>3</sub>O<sub>6</sub>), N,N,N',N'-Tetrakis(2-pyridylmethyl) ethylenediamine (TPEN, Zn<sup>2+</sup> chelator, K<sub>d</sub>Zn: 2.6x10<sup>-16</sup>M, K<sub>d</sub>Ca: 4.4x10<sup>-5</sup>M), DM-BAPTA-AM (C<sub>34</sub>H<sub>40</sub>N<sub>2</sub>O<sub>18</sub>, K<sub>d</sub>Zn: 7.9x10<sup>-9</sup>M, K<sub>d</sub>Ca: 110x10<sup>-9</sup>M), and membrane permeant anti-oxidising proteins, PEG-Super oxidise dismutase (SOD) and PEG-Catalase (CAT) were from Sigma Aldrich.

The NADPH oxidase inhibitor DPI and the mitochondrial-targeted antioxidant inhibitor mitoTEMPO were from Sigma.

For immunoblotting, specific antibodies against various signalling proteins (phospho-Erk1/2 (Thr202/Tyr204), phospho-JNK (Thr183/Tyr185), p47phox, phospho-p47phox) were obtained from Santa Cruz Antibodies, USA or Thermofisher, UK (sc136521, sc293136, sc6254, sc17845 and PA5 36863 respectively). Rabbit  $\beta$ -actin antibody was from (Cell Signalling, UK; #4970). Secondary antibodies Cy5 goat anti-rabbit IgG and Cy3 goat anti-mouse IgG antibodies were obtained from Cell Signalling. Cell-permeable superoxide-specific spin probe 3-methoxycarbonyl-2,2,5,5-

tetramethylpyrrolidine (CMH). Unless stated, all other reagents were from Sigma Aldrich.

### **Platelet preparation**

This study was approved by the Faculty Research Ethics Committee at Anglia Ruskin University and informed consent was obtained in accordance with the Declaration of Helsinki. Blood was donated by healthy human volunteers, free from medication for two weeks. Blood was collected into 11mM sodium citrate and washed platelets were prepared as described previously.[11]

### **DHE-based detection of platelet ROS by flow cytometry**

Platelet suspensions ( $2 \times 10^8$  cells/mL) were rested for 30mins at 37°C, prior to being loaded with 10µM of dihydroethidium (DHE) for 15mins in the dark at 37°C. Platelets were pre-incubated for 15mins with diphenyleneiodonium (DPI, 10µM), mitoTEMPO (10µM), TPEN (50µM), U0126 (10µM) and SP600 (10µM) prior to stimulation with ZnSO<sub>4</sub> (10-300µM), Clioquinol (100µM), or A23187 (100µM). To investigate the influence of Zn<sup>2+</sup> on agonist evoked ROS responses, platelets were pre-treated for 10 minutes with TPEN (50µM) prior to stimulation with thrombin (1U/mL) or CRP-XL (1µg/mL). Following treatment, platelets suspensions were diluted 1:10 in cold modified Ca<sup>2+</sup>-free Tyrodes buffer (CFT, in mM: 140 NaCl, 5 KCl, 10 HEPES, 5 Glucose, 0.42 NaH<sub>2</sub>PO<sub>4</sub>, 12 NaHCO<sub>3</sub>, pH7.4) and were analysed by flow cytometry using an Accuri C6 flow cytometer (BD, UK). Data were acquired from 10,000 cells and recorded as percentage of cells positive or median fluorescence intensity (MFI).

### **Oxygen radical detection using Electron Spin Resonance (ESR)**

**As previously described [19]**, washed platelet suspensions ( $2 \times 10^8/\text{mL}$ ) were loaded with CMH ( $200\mu\text{M}$ , in the presence of  $25\mu\text{M}$  deferoxamine and  $5\mu\text{M}$  DETC) for 10 minutes at room temperature. Platelet suspensions were loaded onto a Chronolog 700-2 aggregometer with continuous stirring ( $1,200\text{rpm}$  at  $37^\circ\text{C}$ ) and the turbidimetry readings were recorded. After 1 minute,  $\text{ZnSO}_4$  ( $10\text{--}300\mu\text{M}$ ), clioquinol ( $100\mu\text{M}$ ) or A23187 ( $100\mu\text{M}$ ) were added and aggregation was measured for 10 minutes. Following aggregation, platelet solution was centrifuged by  $14,000\text{ g}$  and  $50\mu\text{l}$  of platelet-free supernatant was transferred into the Hirschmann precision micropipettes and read using an e-scan (Noxygen, Germany). ESR spectra were recorded using the following ESR settings: **centre field 3,492.5G, field sweep 60G, modulation amplitude 2G, sweep time 10s, number of scans 10, microwave frequency 9.39GHz, microwave power 20mW, conversion time, 327.68ms, time constant, 5242.88ms..**

#### **Reduced Glutathione (GSG) content and Glutathione Peroxidase (GPx) activity**

Washed platelet suspensions ( $2 \times 10^8/\text{mL}$ ) were stimulated with Clioquinol ( $100\mu\text{M}$ ) or A23187 ( $100\mu\text{M}$ ), or pre- incubated with TPEN ( $50\mu\text{M}$ ) for 10 min prior to stimulation with thrombin ( $1\text{U}/\text{mL}$ ) or CRP-XL ( $1\mu\text{g}/\text{mL}$ ). Platelet GSH and GPx activity were determined by Amplt<sup>TM</sup> Fluorimetric Glutathione Assay Kit from AAT Bioquest® and EnzyChrom<sup>TM</sup> Glutathione Peroxidase Assay Kit from BioAssay Systems, respectively, as described previously.[16,32]

#### **Confocal microscopy**

Washed platelet suspensions ( $2 \times 10^8/\text{mL}$ ) were loaded with  $10\mu\text{M}$  DHE in the dark for 15 minutes at  $37^\circ$ . Suspensions were incubated with Clioquinol ( $100\mu\text{M}$ ), A23187

(100 $\mu$ M), and adhere to fibrinogen-coated coverslips (100 $\mu$ M), during which images were acquired using a LSM510/Axiovert laser scanning confocal microscope with 60x oil NA1.45 objective (Zeiss, UK). Excitation and emission wavelengths were 420 and 590 nm respectively

### **Immunoblot assay**

SDS-PAGE and immunoblotting were performed using standard protocols as described previously.[33] Rabbit  $\beta$ -actin antibody (Cell Signalling, UK; catalogue number: #4970) was used to ensure equivalent levels of protein. Blots were visualised using enhanced chemiluminescence solution (ECL) (GE healthcare, UK). ImageJ (v1.45, NIH, Bethesda, USA) was used for quantification of protein bands.

### **Data Analysis**

Data were analysed in GraphPad Prism by two-way ANOVA followed by Tukey's post hoc test. Data are means  $\pm$  SEM of at least four independent experiments. Significance is denoted as \*\*\* (P<0.001), \*\* (P<0.01) or \* (P<0.05)

## Results

### External $\text{Zn}^{2+}$ induces ROS generation by unstimulated platelets

The recruitment of platelets to areas of endothelial damage, followed by platelet activation, culminates in thrombus formation.[2,34] Activated platelets release ROS, potentially affecting platelets and other cells in a paracrine manner.[35] Whilst exogenous  $\text{Zn}^{2+}$  has been found to act as a platelet agonist [11,12,36], the effect of  $\text{Zn}^{2+}$  on platelet ROS production have yet to be investigated. Changes in ROS production in response to increasing concentrations of  $\text{ZnSO}_4$  (10-300 $\mu\text{M}$ ), was investigated in washed platelet suspensions loaded with DHE,. Using fluorometry, DHE fluorescence increased following treatment with low concentrations of  $\text{Zn}^{2+}$ . DHE fluorescence (AU) increased from a basal level of  $551 \pm 52$ , to  $1767 \pm 146$ ,  $1100 \pm 108$ ,  $785 \pm 53$  and  $996 \pm 131$  following treatment with 10, 30, 100 and 300 $\mu\text{M}$  of  $\text{ZnSO}_4$  respectively ( $p < 0.05$ , Figure 1a).

ESR was employed to analyse superoxide anion production, as this is the most direct and reliable technique to identify chemical species that present one or more unpaired electrons.[14] Platelets were loaded with the cell-permeable superoxide-specific spin probe CMH (200 $\mu\text{M}$ ) prior to ESR analysis. Treatment with  $\text{Zn}^{2+}$  (10-300 $\mu\text{M}$ ) resulted in changes to ESR intensity from basal levels (a representative ESR trace is shown in Figure 1b), confirming that  $\text{Zn}^{2+}$  treatment increases ROS production in platelets.

### $[\text{Zn}^{2+}]_i$ is required for agonist dependent ROS release

$\text{Zn}^{2+}$  is present in platelet  $\alpha$  granules and also in the platelet cytosol where it is likely to associate with cation-binding proteins [12]. Platelet activation results in

increases in cytosolic  $Zn^{2+}$  concentration, consistent with release from intracellular stores.[12] To assess the influence of intracellular  $Zn^{2+}$  on ROS generation, platelet suspensions were preincubated with the intracellular  $Zn^{2+}$  chelator TPEN (50 $\mu$ M) prior to stimulation with thrombin (1U/mL) or CRP-XL (1 $\mu$ g/mL). In TPEN pretreated platelets, agonist-stimulated DHE fluorescence was reduced to basal levels. TPEN pretreatment reduced thrombin- or CRP-XL-mediated DHE fluorescence from 7432 $\pm$ 637 and 5951 $\pm$ 255, to 4320 $\pm$ 147 and 3690 $\pm$ 195 respectively ( $p < 0.05$ , Figure 2a).

The glutathione redox complex acts as a buffer, protecting cells from overproduction of ROS.[37] ROS production in platelets results in changes in the relative concentrations of reduced (GSH) and oxidised glutathione (GSSG), and also in degradation of GPx is to hydrogen peroxide ( $H_2O_2$ ).[38] Levels of GSH and GPx activity in response to agonist stimulation in TPEN-pretreated platelets was quantified to investigate a role for  $Zn^{2+}$  in agonist-evoked ROS production. Stimulation of platelets with thrombin (1U/mL) or CRP-XL (1 $\mu$ g/mL) reduced GSH and GSH peroxidase (GPx) levels by approximately 50% and 30% respectively (Figures 2b, c). Thrombin and CRP-XL treatment reduced GSH to 0.39 $\pm$ 0.03 $\mu$ M and 0.46 $\pm$ 0.01 $\mu$ M respectively, relative to vehicle treatment (0.58 $\pm$ 0.09 $\mu$ M). Similarly, GPx activity was reduced from 6.6 $\pm$ 0.2U/mL to 4.7 $\pm$ 0.12U/mL and 4.1 $\pm$ 0.18U/mL in response to thrombin and CRP-XL respectively.

Agonist evoked reductions of GSH levels and GPx activity were abrogated in TPEN pre-treatment platelets. TPEN induced an increase of 50% and 42.5% on GSH levels of platelets stimulated with thrombin and CRP-XL respectively, comparing with platelets in absence of TPEN (GSH level in TPEN-pretreated platelets was

0.78±0.06μM and 0.80±0.09μM following thrombin (1U/mL) or CRP-XL- (1μg/mL)-mediated stimulation respectively).

Similarly, GPx activity following stimulation was increased in TPEN-pretreated platelets relative to untreated platelets. GPx activity in TPEN pretreated platelets increased by approximately 30% and 24% following with thrombin and CRP-XL respectively (GPx activity in TPEN-pretreated platelets was 6.8±0.2 and 5.4±0.03 following stimulation with thrombin and CRP-XL respectively, Figures 2b, c). These data are consistent with a role for  $[Zn^{2+}]_i$  in regulation of agonist-dependent ROS production. Whether this effect is attributable to agonist-evoked increases in  $[Zn^{2+}]_i$ , [12] or to the perturbation of obligate  $Zn^{2+}$ -binding proteins is unclear.

### **ROS generation is correlated with increases in $[Zn^{2+}]_i$**

Ionophores have previously been used to increase the concentration of cytosolic cations, mimicking cation release from intracellular stores.[39–41] Whilst A23187 has been widely used to investigate the effects of increases of cytosolic  $Ca^{2+}$  on cell or platelet function, it should be noted that this is a non-specific cation ionophore. Conversely, the  $Zn^{2+}$ -specific ionophores clioquinol and pyrithione have previously been used to model increases in  $[Zn^{2+}]_i$  in platelets and other cells.[12,42,43] To analyse the effects of increases of  $Zn^{2+}$  on platelet ROS production. DHE-loaded platelets were stimulated with clioquinol (100μM), or A23187 (100μM) for 10 minutes, and changes in fluorescence were quantified using flow cytometry. As previously described, [44] A23187 treatment increased DHE fluorescence to 1735±176AU compared to the 745.±27AU for the vehicle control (DMSO,  $p<0.05$ , Figure 3a). Similarly clioquinol treatment resulted in increases of DHE fluorescence to 1824±227AU ( $p<0.05$ , Fig. 3A). ESR revealed ionophore-dependent increases in ROS

production, with both A23187 and clioquinol increasing the oxidation rate of the spin probe CMH (Figure 3b). Changes in ionophore-mediated increases in ROS production were also assessed using confocal imaging of DHE-stained platelets. Treatment with A23187 or clioquinol both increased the number of DHE-positive platelets. Whilst both ionophores resulted in increases in ROS, the number of platelet staining positive following A23187 treatment was higher than that for clioquinol-treated platelets. Thus, increases in both  $[Zn^{2+}]_i$  and  $[Ca^{2+}]_i$  are able to mediated increases in ROS production (Figure 3c).

To further assess the influence of increases in  $[Zn^{2+}]_i$  on ROS production, changes in GSH level and GPx activity in response to ionophore treatment were investigated. GSH levels and GPx activity decreased upon ionophore treatment (Figures 3d, e). Levels of GSH were reduced from  $0.5 \pm 0.03 \mu\text{g/mL}$  to  $0.29 \pm 0.02 \mu\text{g/mL}$  and  $0.31 \pm 0.01$  in response to A23187 or clioquinol respectively. Similarly, GPx activity was reduced from  $6.8 \pm 0.15 \text{U/mL}$  to  $4.9 \pm 0.2 \text{U/mL}$  and to  $4.4 \pm 0.3 \text{U/mL}$  following A23187 or clioquinol treatment respectively. These data indicate that increases of  $[Ca^{2+}]_i$  or  $[Zn^{2+}]_i$  result in a pro-oxidative state, potentially caused by increased ROS levels and subsequent modification of the glutathione redox system.

#### **$[Zn^{2+}]_i$ -mediated ROS production is mediated by NADPH oxidase and mitochondrial activity.**

Both  $Ca^{2+}$  and  $Zn^{2+}$  have been shown to regulate ROS production via potentiation of independent mitochondria activity and NOX expression in nucleated cells.[27–31] To determine whether  $Zn^{2+}$ -mediated ROS increases in platelets are due to NADPH oxidase or by activity of mitochondrial platelet, DHE-loaded platelets were treated with DPI ( $10 \mu\text{M}$ ) or mitochondrial mitoTEMPO ( $10 \mu\text{M}$ ) (a NADPH oxidase



**inhibitor and mitochondria-targeted antioxidant**, respectively) prior to stimulation with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M), and ROS responses were quantified using flow cytometry. DHE fluorescence in DPI- and mitoTEMPO-pretreated platelets was reduced following stimulation with A23187 or clioquinol (Fig. 4A). A23187-mediated ROS generation was reduced from 2170 $\pm$ 149AU to 1013 $\pm$ 161 and 965 $\pm$ 170AU in DPI and mitoTEMPO treated platelets respectively. Similarly, clioquinol-mediated ROS generation was reduced from 3240 $\pm$ 381 to 9610 $\pm$ 172 and 919 $\pm$ 140 in DPI and mitoTEMPO treated platelets respectively.

NADPH oxidase activation is associated with phosphorylation events leading to association of various subunits under the control of p47phox.[45,46] Immunoblotting was performed to investigate whether ionophore-mediated increases of  $[Zn^{2+}]_i$  resulted in changes in the p47phox phosphorylation state. Treatment of washed platelet suspensions with A23187 or clioquinol resulted in increases in p47phox phosphorylation (from 0.75 $\pm$ 0.03AU to 1.08 $\pm$ 0.07AU and 1.14 $\pm$ 0.1 following A23187 and clioquinol treatment respectively,  $p < 0.05$ , Figures 4b, c). This observation supports a role for NADPH oxidase in cation-dependent ROS production.

### **Zn<sup>2+</sup>-mediated ROS generation induces Erk1/2 and JNK phosphorylation**

Zn<sup>2+</sup>-dependent activation of nucleated cells by Zn<sup>2+</sup> is associated with concurrent MAPK activation.[47,48] To assess the effect of  $[Zn^{2+}]_i$  on MAPK-dependent signalling in platelets, we employed immunoblotting to quantify Erk1/2 (Thr202/Tyr204) and JNK (Thr183/Tyr185) phosphorylation, in response to ionophore treatment. Incubation of platelets with clioquinol (100 $\mu$ M) resulted in increases of phosphorylation of both Erk1/2 and JNK (Fig 5). Quantification of immunoblots showed that clioquinol treatment resulted in increases in phosphorylation of Erk1/2 from

1.0±0.07 to 2.5±0.34AU, whilst JNK phosphorylation increased from 1.97±0.29AU to 3.8±0.17AU relative to vehicle control (Figure 5a,  $p<0.05$ ). A23187 treatment (100µM) did not significantly change the levels of phosphorylation of either Erk1/2 or JNK (Figure 5a). Further experiments were performed to investigate the role of  $Zn^{2+}$  in agonist-evoked phosphorylation events. Stimulation of platelets with thrombin (1U/mL) resulted increases in phosphorylation of Erk1/2 and JNK respectively. Phosphorylation of Erk1/2 increased from 2.0±0.2AU to 4.26±0.24AU, whilst JNK increased from 1.6±0.52AU to 5.33±0.33AU, (Figure 5b,  $p<0.05$ ). Agonist-evoked phosphorylation was abrogated in TPEN treated platelets (Erk1/2 phosphorylation was reduced to 4.26±0.24, and JNK to 2.89±0.49 in TPEN pre-treatment platelets). Stimulation with CRP-XL (1µg/mL) did not result in phosphorylation of either kinase. These data indicate a specific signalling response leading to Erk1/2 and JNK phosphorylation that is dependent on  $Zn^{2+}$ , and independent of  $Ca^{2+}$

Previous work has demonstrated an association between MAPK activity and  $Zn^{2+}$ -mediated changes in the redox state in nucleated cells.[26,49] To investigate the role of the platelet redox state in  $Zn^{2+}$ -mediated ROS production, DHE-loaded platelets were pre-treated with DPI (10µM) or mitoTEMPO (10µM) prior to stimulation with clioquinol (100µM). DPI or mitoTEMPO pre-treatment reduced Erk1/2 and JNK phosphorylation from 7.3±0.8 to 3.8±0.2 and 3.7±0.7AU respectively (Figure 6a-c). As A23187 treatment did not result in the phosphorylation of Erk1/2 or JNK, DPI or mitoTEMPO treatment had no additional effect. These analyses show that increasing cytosolic  $Zn^{2+}$ , but not  $Ca^{2+}$  results in phosphorylation of both Erk1/2 and JNK, in a manner that is dependent on NADPH oxidase and mitochondria activity.

Further experiments were performed to confirm the roles of Erk1/2 and JNK using the Erk1/2 and JNK inhibitors, U0126 (10µM) and SP600 (10µM) respectively.

Pretreatment with either of these inhibitors decreased A23187 or clioquinol-mediated DHE fluorescence (Figure 6d). A23187-mediated DHE fluorescence was reduced from  $2310 \pm 317$  AU to  $1399 \pm 134$  AU and  $393 \pm 149$  AU respectively following U0128 and SP600 treatment (Figure 6d,  $p < 0.05$ ). Clioquinol mediated DHE fluorescence was reduced from  $2390.0 \pm 318$  AU to  $1022 \pm 128$  AU and  $739 \pm 104$  AU respectively following U0128 and SP600 treatment (Figure 6d,  $p < 0.05$ ). These data indicate that Erk1/2 and JNK phosphorylation occur downstream of ionophore treatment. Given that A23187 stimulation does not result in increases in Erk1/2 phosphorylation, these data indicate that Erk1/2 and JNK activation occurs as a result of changes in the concentration of cytosolic cations, and act on concert to regulate ROS production.

## Discussion

The importance of ROS during platelet activation process is well documented. Stimulation of platelets with the conventional agonists, thrombin or CRP, results in increases in ROS production whilst the inhibitory effect of antioxidants function is correlated with a reduction in platelet responses.[50] Additionally, platelets can be activated by both extra- and intracellular free radical species.[15,51]

The influence of  $Zn^{2+}$  on ROS production in nucleated cells has been addressed. For example, *in vitro* studies showed that increases in cytosolic  $Zn^{2+}$  results in ROS generation in a number of nucleated cell systems.[27,31,52,53]

Hitherto, the influence of  $Zn^{2+}$  on ROS generation in platelets has not been investigated. Platelets are potentially exposed to  $Zn^{2+}$  via different routes. Exogenous  $Zn^{2+}$  is available to platelets from rupture of atherosclerotic plaques, and via release from  $\alpha$  granules of activated platelets. Previously, we have shown that exogenous  $Zn^{2+}$  is able to enter the platelet cytosol where it influences platelet activation.[11]

**Chelation of  $[Zn^{2+}]_i$  reduced platelet aggregation in response to a variety of agonists, and also abrogated thrombus formation in an *in vitro* blood flow model.**[11] Recently, we demonstrated that platelet stimulated with conventional platelet agonists induced dose-dependent increases of  $[Zn^{2+}]_i$ , indicating release of  $Zn^{2+}$  into the cytosol from intracellular stores, and consistent a role for  $Zn^{2+}$  as a secondary messenger.[12]

Increases in  $[Zn^{2+}]_i$  are likely to modulate the activity of signalling pathways via the activation of kinases including PKC, CamKII and IRAK, in a similar way to  $Ca^{2+}$ -dependent signalling.[10,54,55] Whilst the influence of  $[Ca^{2+}]_i$  on different redox systems and pathways is well documented, influences of  $[Zn^{2+}]_i$  on ROS generation is relatively unstudied.[56]

In the present study we model increases in  $[Zn^{2+}]_i$  from endogenous and exogenous sources, and investigate the subsequent influence of, and mechanism of ROS generation. We demonstrate that increasing  $[Zn^{2+}]_i$  results in an increase in ROS generation, in a manner which is mediated by NADPH oxidase and mitochondria stimulation, and is regulated by Erk1/2 and JNK. Furthermore, we demonstrate that ROS production in response to platelet stimulation by conventional agonists (thrombin or CRP-XL) is also dependent on  $[Zn^{2+}]_i$ . Agonist stimulation results in increases in ROS production in a manner that is sensitive to intracellular  $Zn^{2+}$  chelation using TPEN. Whether agonist-dependent ROS stimulation is attributable to agonist-evoked increases in  $[Zn^{2+}]_i$  [57] or whether this represents a disruption of obligate  $Zn^{2+}$ -binding proteins by TPEN, is not known. Using  $ZnSO_4$  as source of exogenous  $Zn^{2+}$ , we found that  $Zn^{2+}$  dependent platelet stimulation results in increases in platelet ROS. **Interestingly, whilst all  $Zn^{2+}$  concentrations tested result in increases in ROS, the lowest concentration of  $Zn^{2+}$  used (10 $\mu$ M) results in the greatest ROS**

**increases. As 10 $\mu$ M Zn<sup>2+</sup> is sub-activatory, we speculate that activation responses may reduce ROS by activating antioxidant responses within platelets. This is an interesting observation that will be studied further.**

Ionophores were used to model increases of cation concentration on ROS generation. Importantly, whilst A23187 has been widely used to model increases in [Ca<sup>2+</sup>]<sub>i</sub>, it should be noted that this is a non-specific ionophore, with affinities for a wide variety of cations, including Zn<sup>2+</sup>. Conversely, clioquinol is specific for Zn<sup>2+</sup> and its use does not affect [Ca<sup>2+</sup>]<sub>i</sub>. [12,42] Our data show that increases in the cytosolic concentration of either [Ca<sup>2+</sup>]<sub>i</sub> or [Zn<sup>2+</sup>]<sub>i</sub> correlates with increases in ROS. Whilst A23187-induced ROS generation could be attributable to Ca<sup>2+</sup> or Zn<sup>2+</sup> increases, ROS generation by clioquinol supports a role for [Zn<sup>2+</sup>]<sub>i</sub> in ROS generation that is independent of Ca<sup>2+</sup>. This is consistent with other work in nucleated cells, for example in cortical neurones, where ROS increases in response to treatment with the Zn<sup>2+</sup> ionophore pyrithione. [31]

Both agonist- and ionophore-evoked ROS production is accompanied by decreases in GSH and GPx activity. Acting as an antioxidant, GSH suppress the excess production of intracellular oxidants. The reaction between glutathione peroxidase (GPx) and hydrogen peroxide, or of GSH with peroxynitrite and other oxidants results in the generation of glutathione oxidized form, GSSG, which is a marker of oxidative stress. [58,59] By manipulation of [Zn<sup>2+</sup>]<sub>i</sub> levels using Zn<sup>2+</sup> chelators and ionophores, we show that the levels of GSH and GPx activity are altered in a [Zn<sup>2+</sup>]<sub>i</sub>-dependent manner, confirming the involvement of [Zn<sup>2+</sup>]<sub>i</sub> and [Ca<sup>2+</sup>]<sub>i</sub> on platelet redox state modulation. These data are consistent with that of Bishop *et al* [52] who observed changes in GSH and GPx activity in astrocytes in response to Zn<sup>2+</sup> ionophore treatment.

We performed experiments to investigate the mechanisms by which  $\text{Zn}^{2+}$  regulates ROS production in platelets. NADPH oxidases (of which NOX1 and NOX2 isoforms are present in human platelets) are important ROS-generating enzymes. In neuronal cells, treatment with high concentrations of  $\text{Zn}^{2+}$  results in neurotoxicity that is associated with NADPH oxidase activation and PKC stimulation.[24] Alongside mitochondria activity, these enzymes regulate platelet activity via the regulation of redox- dependent ATP generation and ROS release.[60,61]

We examined the involvement of NOX and mitochondrial activity on  $[\text{Zn}^{2+}]_i$ -dependent ROS using the NADPH oxidase inhibitor, DPI, and the mitochondrial targeted anti-oxidant, mitoTEMPO. Clioquinol-mediated ROS production was abrogated following pre-incubation of platelets with the DPI or mitoTEMPO, indicating a role for NADPH oxidase and mitochondria activity on  $[\text{Zn}^{2+}]_i$ -dependent ROS production. Our observations are supported by previous studies, which showed that increases in  $[\text{Zn}^{2+}]_i$  promote p47phox activity in a neurotoxic environment.[24,31,45]

MAPK activity is critical for a number of intracellular signalling pathways in platelets, including  $\alpha_{IIb}\beta_3$  activation, platelet granule release, thromboxane A2 (TxA2) generation, and cytoskeletal rearrangements leading to platelet spreading.[62,63] As  $\text{Zn}^{2+}$  has previously been shown to regulate MAPK activation in nucleated cells [47,64,65] we investigated the influence of increases in  $\text{Zn}^{2+}$  on MAPK activity in platelets. Ionophore-dependent increases in  $[\text{Zn}^{2+}]_i$ , but not  $[\text{Ca}^{2+}]_i$  resulted in increased phosphorylation of Erk1/2 and JNK, in a manner that has previously been observed in mouse thymocytes and splenic T cells. However, in contrast to our data phosphorylation of p38 MAPK was  $\text{Ca}^{2+}$  dependent, and JNK-1 activation was suppressed in a dose-dependent manner following incubation with A23187.[66] Such

scheme has also been seen in NIH-3T3 mouse fibroblasts, where A23187 treatment was also shown to inhibit p38 MAPK phosphorylation.[67]

Agonist-dependent MAPK stimulation is abrogated following chelation of  $[Zn^{2+}]_i$ . MAPK activation is modulated by cellular ROS levels, for example, in liver carcinoma cells (HepG2 cells), where ROS-JNK signalling promotes HBV-autophagosome formation.[68] LPS-mediated Nitric oxide (NO) release in response to  $Zn^{2+}$  treatment of astrocytes is associated with MAPK and NF $\kappa$ B activation.[49] Similar effects have been shown in renal cells, where  $Zn^{2+}$  promotes MAPK activation via ROS generation MAPK.[25, 26] Furthermore, in limb ischemia reperfusion, MAPKs are activated by ROS resulting in damage to distant organs.[69] Our results show that phosphorylation of Erk1/2 and JNK in platelets is regulated by  $[Zn^{2+}]_i$ -mediated ROS generation via NADPH oxidase and mitochondria. This is consistent with previous studies, for example, in alveolar macrophages, where it was shown that Erk/2 affects mitochondrial integrity and ATP production, and pre-treatment with MEK inhibitors decreases Nox-5 phosphorylation in COS-7 cells.[70] Furthermore, In response to LPS, JNK promotes the stimulation of NADPH oxidase during NETosis in neutrophils.[71] In this context, our data show that the induction of platelet ROS generation in response to increases in  $[Zn^{2+}]_i$  is reduced in response to Erk1/2 and JNK inhibitors, presenting a positive feedback loop between  $Zn^{2+}$ -dependent ROS induction and MAPK phosphorylation. Given the importance of MAPKs in platelet activation leading to thrombus formation,[72] identification of  $Zn^{2+}$ -sensitive MAPK activation in platelets may highlight a potentially significant route through leading to thrombus formation following plaque rupture.

In summary, our findings establish an association between  $[Zn^{2+}]_i$  and ROS production in platelets, providing evidence that  $[Zn^{2+}]_i$  stimulates NADPH oxidase and

mitochondria via Erk1/2 and JNK activation, and these MAPKs promote an increase of ROS by a positive feedback (Figure 7). These data explain the involvement in  $Zn^{2+}$  in platelet redox balance, which is a key process during platelet activation.[15] Pharmacological manipulation of  $Zn^{2+}$  might be a potential strategy to moderate oxidative stress, which is a pivotal feature of cardiovascular diseases.

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### **Authorship Contributions**

MLP, NA, GP, DV and NP designed and conducted experiments, and wrote the manuscript. JG wrote the manuscript.

### **Competing Interests**

The authors declare no conflicts of interest.



## Figure Legends

**Figure 1. Exogenous  $Zn^{2+}$  stimulates ROS production by platelets.** Platelet suspensions were loaded with the ROS-sensitive dye, DHE (10 $\mu$ M) and stimulated with increasing concentrations of  $Zn^{2+}$ . Changes in the fluorescent signal after 10 min were quantified by flow cytometry (a). Results are presented as means  $\pm$  SEM of 7 independent experiments. Significance is denoted as \*\*\* ( $P<0.001$ ), \*\* ( $P<0.01$ ), or \* ( $P<0.05$ ). ESR was used to further demonstrate  $Zn^{2+}$ -dependent superoxide anion production. Platelet suspensions were loaded with superoxide-specific spin probe CMH and treated for 45 minutes with 200 $\mu$ M dRP, vehicle (Tyrode's buffer, black) or 10 $\mu$ M (blue), 30 $\mu$ M (grey), 100 $\mu$ M (red) or 300 $\mu$ M (green) of  $ZnSO_4$  in the presence of CMH (200 $\mu$ M) prior to ESR analysis. The trace is representative of 3 independent experiments (b).

**Figure 2. ROS production in response to platelet stimulation is dependent on  $[Zn^{2+}]_i$ .** DHE-loaded washed platelet suspensions were pre-incubated with the intracellular  $Zn^{2+}$  chelator, TPEN (50 $\mu$ M) prior to stimulation with thrombin (1U/mL) or CRP-XL (1 $\mu$ g/mL). Changes in DHE fluorescence were analysed by flow cytometry (a). Changes to glutathione (GSH) (b) and glutathione peroxidase activity (GPx) (c) in response to  $Zn^{2+}$  were measured by ELISA. Results are presented as means  $\pm$  SEM values of between 3 and 5 experiments. Significance is denoted as \*\*\* ( $P<0.001$ ), \*\* ( $P<0.01$ ), or \* ( $P<0.05$ ).

**Figure 3. Increasing platelet  $[Zn^{2+}]_i$  by stimulation with  $Zn^{2+}$  ionophores results in increased ROS production.** DHE-Loaded washed platelet suspensions were

stimulated with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M), and fluorescence changes were quantified using flow cytometry (a). Superoxide anion production following ionophore stimulation was observed using ESR (b). Green: A23187 (100 $\mu$ M), red: clioquinol (100 $\mu$ M), black: vehicle control. To visualise ionophore-dependent ROS production, platelets were loaded with DHE and imaged using confocal microscopy following stimulation with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M) (c). In order to quantify ROS-dependent changes in response to increasing concentrations of  $[Zn^{2+}]_i$ , washed platelet suspensions were incubated with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M) for 10min. Reduced glutathione (GSH) (d) and glutathione peroxidase activity (GPx) (e) were quantified by ELISA. Results are presented as mean  $\pm$  SEM values of between 3 and 5 experiments. Significance is denoted as \* ( $P < 0.05$ ).

**Figure 4.  $[Zn^{2+}]_i$ -mediated ROS generation is regulated by NADPH oxidase and mitochondria activation.** DHE-loaded washed platelet suspensions were pre-incubated with the NADPH oxidase inhibitor diphenyleneiodonium (DPI, 10 $\mu$ M) or the mitochondrial targeted anti-oxidant mitoTEMPO (Mito, 10 $\mu$ M). After stimulation with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M), ROS generation was analysed by flow cytometry. Results are representative of 6 independent experiments (a). Washed platelet suspensions were stimulated with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M), after which they were subjected to subcellular fractionation, and phosphorylation of p47phox was analysed by immunoblotting (b). The immunoblot is representative of 3 independent experiments. Blots were analysed using densitometry (c). Results are presented as means  $\pm$  SEM. Significance is denoted as \*\*\* ( $P < 0.001$ ), \*\* ( $P < 0.01$ ) or \* ( $P < 0.05$ ).

**Figure 5. Agonist-dependent MAPK activation is dependent on  $[Zn^{2+}]_i$ .** Washed platelet suspensions were stimulated with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M) (a), or pre-incubated with TPEN (50 $\mu$ M) followed stimulation by thrombin (1U/mL) or CRP-XL (1 $\mu$ g/mL) (d). After subcellular fractionation, phosphorylation of Erk1/2 or JNK was analysed by Immunoblotting. Graphs show densitometric analysis of immunoreactive bands P-Erk (a, b, d, e), or P-JNK (a, c, d, f). Results are presented as means  $\pm$  SEM values of 3 independent experiments. Significance is denoted as \*\*\* (P<0.001), \*\* (P<0.01), or \* (P<0.05).

**Figure 6.  $Zn^{2+}$ , but not  $Ca^{2+}$ -mediated ROS generation induces Erk1/2 and JNK phosphorylation.** Washed platelet suspensions were pre-incubated with DPI (10 $\mu$ M) or mitoTEMPO (Mito, 10 $\mu$ M) prior to stimulation with clioquinol (100 $\mu$ M) or A23187 (100 $\mu$ M). Phosphorylation of Erk1/2, or JNK were examined by immunoblotting as before (a-c). Blots are representative of 3 separate experiments. DHE-loaded washed platelet suspensions were pretreated with the Erk1/2 and JNK inhibitors U0126 (10 $\mu$ M) and SP600 (10 $\mu$ M) respectively, prior to stimulation with A23187 (100 $\mu$ M) or clioquinol (100 $\mu$ M). Changes in DHE fluorescence were quantified using flow cytometry (d). Results are presented as means  $\pm$  SEM. Significance is denoted as \*\*\* (P<0.001), \*\* (P<0.01) or \* (P<0.05).

**Figure 7: Schematic showing the proposed role of  $Zn^{2+}$  in platelet ROS generation.** Agonist stimulation (1) or local increases in plasma  $Zn^{2+}$  as a result of platelet degranulation or atherosclerotic plaque rupture (2) result in increases in  $[Zn^{2+}]_i$  (3). Increases in  $[Zn^{2+}]_i$  results in the activation of NADPH oxidase (4) and mitochondria (5), resulting in an increase of ROS generation (6). ROS-mediated

phosphorylation of the MAPKs, Erk1/2 and JNK results in a positive feedback loop in which these MAPKs further induce ROS production (7).

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Figure 1

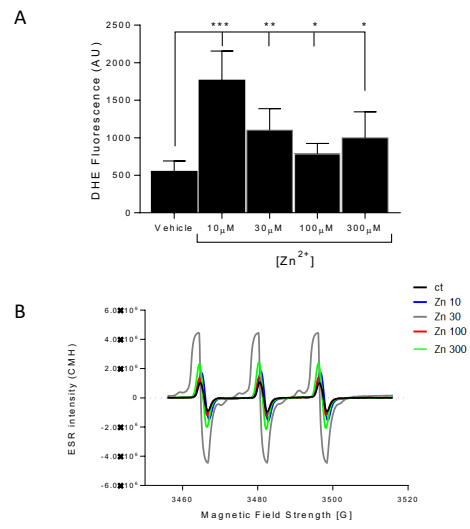


Figure 2

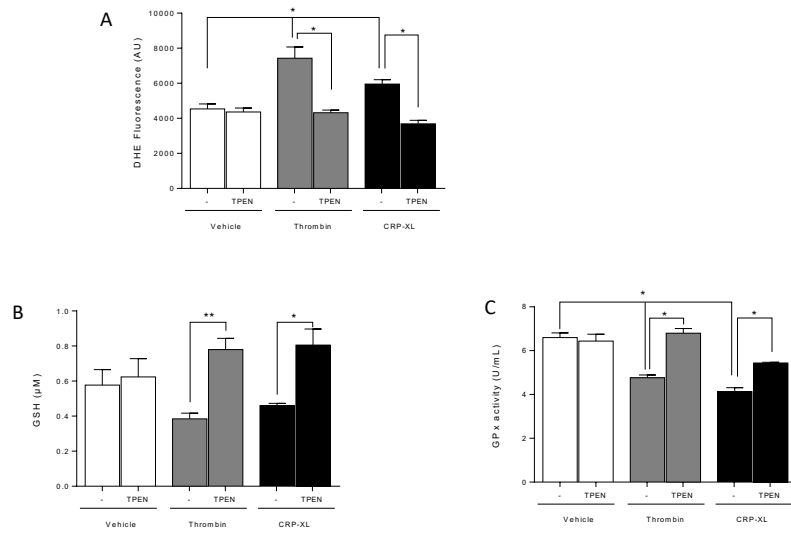


Figure 3

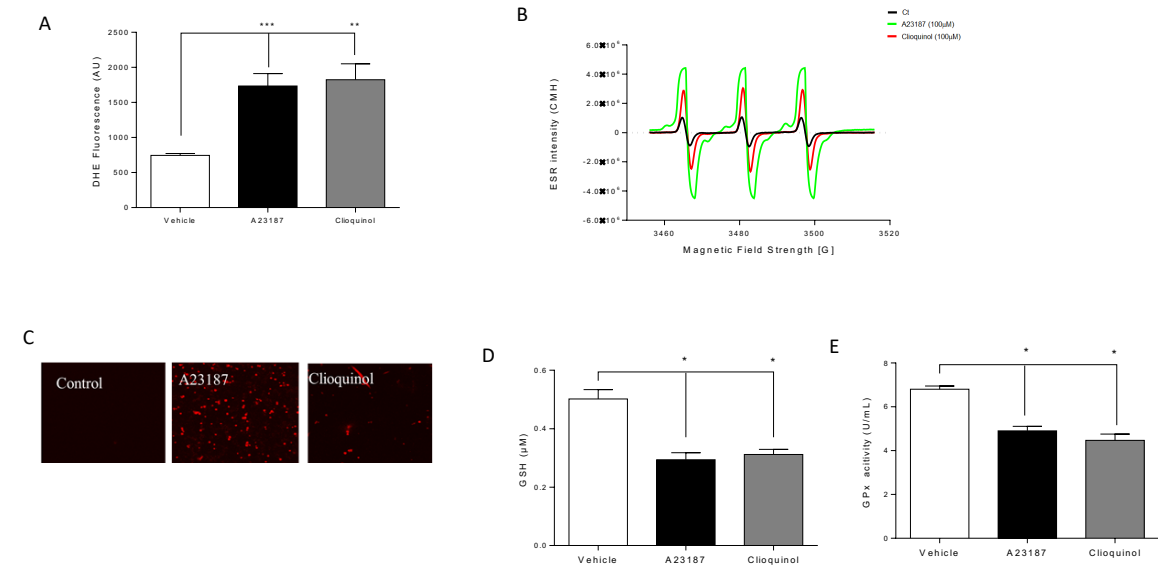




Figure 4

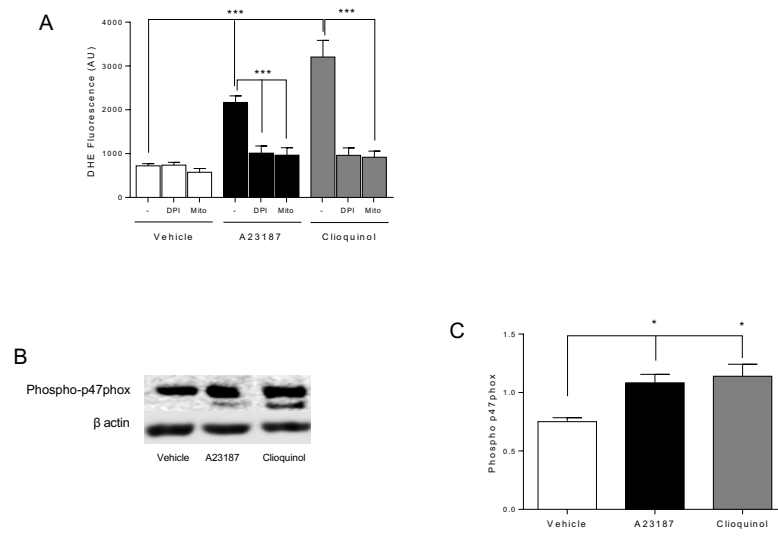


Figure 5

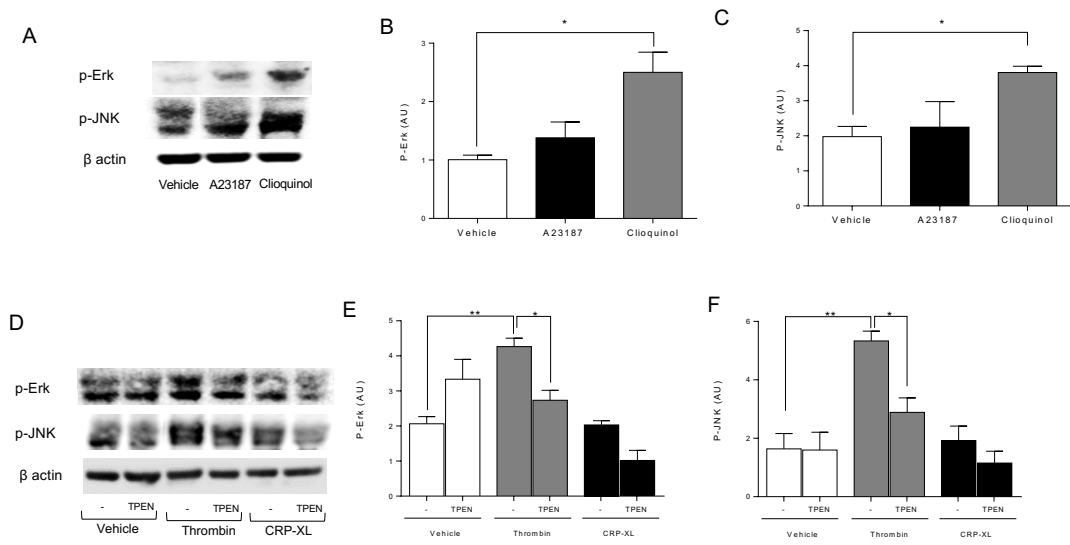


Figure 6

