

Elevated temperature extraction of β -Carotene from freeze dried carrot powder into sunflower oil: extraction kinetics and thermal stability

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2 **Elevated Temperature Extraction of β -Carotene from Freeze Dried Carrot Powder into**
3 **Sunflower Oil: Extraction Kinetics and Thermal Stability**

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16 **Short version of title (running head):** Extraction and stability of β -Carotene

17

18 *Journal of Food Science: Food Engineering, Materials Science, and Nanotechnology*

19 **ABSTRACT:** β -Carotene, a precursor of vitamin A, can alleviate the deficiency of this vitamin
20 prevalent worldwide. Earlier research studies have addressed the extraction of β -Carotene at
21 relatively low temperatures (up to 70 °C) due to its perceived instability at higher temperatures, as
22 a result of which extraction rates recorded are relatively low. This study models the net rate of β -
23 Carotene extraction by considering both extraction and degradation kinetics. The model
24 developed, which accounts for degradation occurring in solid and extract phases, has been
25 experimentally validated for the extraction of β -Carotene from freeze dried carrot powder into
26 sunflower oil over a range of temperatures 90-150 °C. This study also gives insights into the
27 application of sunflower oil as a carrier for β -Carotene during cooking and food processing, by
28 monitoring and modelling the thermal degradation and isomerisation of β -Carotene at
29 temperatures up to 220 °C. The modelling of extraction kinetics shows that it is possible to achieve
30 viable extraction rates by employing temperatures in the range (90-150 °C) for relatively short
31 times (< 5 mins). The degradation kinetics shows that almost 75% of the β -Carotene can survive
32 heating at 180 °C for 10 mins – indicating the possibility of using β -Carotene enriched edible oils
33 for frying. This study also reports on the formation of three isomers of β -Carotene identified using
34 HPLC: *trans*-, 9-*cis* and 13-*cis*. The reaction network model developed in this study was able to
35 account for the transient variation of the concentration of all three isomers.

36

37 **Keywords:** β -carotene; Extraction; Sunflower oil; Kinetics; Modelling.

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39

40

41 **Practical Application:**

42

43 *β-Carotene* is a precursor of vitamin A and its consumption can potentially alleviate the
44 deficiency of this vitamin prevalent worldwide. This study validates a model for the extraction of
45 *β-Carotene* in sunflower oil which takes into account extraction as well as degradation occurring
46 during extraction, so that a rational method is available for the design of efficient extractors for
47 this purpose. This paper also establishes the thermal stability of *β-Carotene* under frying
48 conditions by quantifying its thermal degradation as well as isomerisation.

49

50 **1. Introduction**

51

52 β -Carotene is a pigment found in fruits and vegetables that can be converted to vitamin A
53 in the body (Rodriguez-amaya, 1999; Marty and Berset, 1986). It has antioxidant properties that
54 can also protect against damage from harmful molecules (Elik et al., 2020). Consuming foods high
55 in β -Carotene is reported to have health benefits, such as reducing the risk of certain types of
56 cancer, improving immune function, and protecting against cardiovascular disease (Gul *et al.*,
57 2015). β -Carotene is widely used as a colouring agent and a natural preservative in the food
58 industry (Yilmaz *et al.*, 2017). It is also used as a natural colourant and skin conditioning agent in
59 the cosmetics industry (Strati & Oreopoulou, 2011). Vitamin A deficiency, which can be mitigated
60 by consuming β -Carotene, is a major public health concern worldwide, particularly in Asia and
61 Africa. Worldwide, particularly in Asia and Africa, it is known to be one of the three most chronic
62 deficiencies, along with zinc and iron deficiencies (Harika *et al.*, 2017). Globally, an estimated
63 250 million preschool children are vitamin A deficient (Chen *et al.*, 2021; Tang *et al.*, 2005).

64

65 Considering the health benefits, societal impact and industrial application, extraction of β -
66 Carotene from natural plant sources has attracted considerable attention employing methods such
67 as microwave assisted extraction (Hiranvarachat & Devahastin, 2014), supercritical fluid
68 extraction (M. Sun & Temelli, 2006a), ultrasound assisted extraction (Saini & Keum, 2018),
69 pulsed electric fields (Roohinejad *et al.*, 2014), and others. The extraction of β -Carotene from
70 natural sources requires the use of nonpolar solvents (Hiranvarachat & Devahastin, 2014), some
71 of which are not environmentally friendly and can also leave behind harmful residues in the extract
72 (Elik *et al.*, 2020). Further, β -Carotene is also sensitive to light, heat, and oxygen, and can degrade

73 during extraction, resulting in a loss of its nutritional and functional properties (Gul *et al.*, 2015).
74 Due to its significant bioactivity, there has been considerable interest in extracting β -Carotene into
75 solvents that are efficient, safe, and environmentally friendly.

76

77 Vegetable oils can be effective solvents due to their low cost and abundant availability all
78 over the world. Moreover, vegetable oils are biodegradable, non-toxic and do not leave any other
79 harmful residues in the product. In addition, the absorption of β -Carotene in human body can be
80 enhanced between 4-12 fold by consuming it with edible oils and fats (Hornero-Méndez &
81 Mínguez-Mosquera, 2007). Earlier research has shown that vegetable oils can extract β -Carotene
82 from a range of sources, including fruits, vegetables, and microorganisms, while oils can provide
83 other health benefits such as unsaturated fatty acids and other nutrients (Chen and Meyers, 1982;
84 Sachindra and Mahendrakar, 2005; Sun and Temelli, 2006; Elik *et al.*, 2020). The use of vegetable
85 oils for extracting β -Carotene also provides the opportunity to use the extract directly as a food
86 ingredient or for cooking processes such as frying.

87

88 A number of papers are available on the kinetics of β -Carotene extraction in various
89 organic solvents (Chumnanpaisont *et al.*, 2014; Hiranvarachat & Devahastin, 2014; Humayoun
90 Akhtar & Bryan, 2008; Purohit & Gogate, 2015a). These papers generally report on the use of
91 relatively low temperatures due to the nature of the solvent but more importantly due to the
92 tendency of β -carotene to degrade during extraction (Gul *et al.*, 2015). The common degradation
93 pathways include oxidation, thermal, and photochemical degradation (Achir *et al.*, 2011; Gul *et*
94 *al.*, 2015a). Photochemical degradation of β -Carotene can also lead to the formation of products,
95 such as apocarotenoids (Miękus *et al.*, 2019). The excentric cleavage of β -Carotene produces

96 apocarotenoids and they cannot turned into vitamin A (Caris-Veyrat et al., 2001). Isomerization of
97 β -Carotene can form various geometric and structural isomers, such as 9-cis- and 13-cis (Achir *et*
98 *al.*, 2011; Gul *et al.*, 2015). They show potential bioactivity and colouring properties like β -
99 Carotene. The use of low extraction temperatures to avoid such degradation reactions inevitably
100 results in low extraction rates being encountered and poor extraction efficiencies. Some
101 researchers have attempted to overcome this problem by superimposing ultrasound (Purohit &
102 Gogate, 2015a), microwaves (Hiranvarachat & Devahastin, 2014), and pulsed electric field
103 (Roohinejad *et al.*, 2014) which are capital intensive technologies and not easily scalable.
104 Moreover, all these technologies are claimed to be “green” in literature without any substantive
105 analysis of their environmental impacts.

106

107 In this paper, we hypothesize that the time-temperature conditions to be used for the
108 extraction of β -Carotene in any appropriate solvent can be rationally deduced by modelling the
109 kinetics of extraction. The net rate of extraction at any given temperature will be determined by a
110 balance between 1) the rate of transfer from the solid phase into the extraction medium and 2) the
111 rate of loss of β -Carotene due to degradation. The specific aims of this research are therefore 1) to
112 develop for the first time a model which accounts for the transfer of β -Carotene from the solid
113 phase as well as its degradation in solid and extract phases during extraction in sunflower oil, 2)
114 to experimentally test the validity of the model over a range of temperatures, including high
115 temperatures not investigated in the literature so far, and 3) to investigate the thermal stability and
116 isomerization of β -Carotene in edible oil, particularly at high temperatures such as those
117 encountered during frying. The last aim of the research will inform on the possibility of using β -

118 *Carotene* enriched oil for cooking, which, if possible, will help considerably in alleviating vitamin
119 A deficiency, especially in significant parts of Africa and Asia.

120

121 **2. Modelling the extraction kinetics of β -Carotene in sunflower oil**

122

123 If C_s ((kg (kg dry matter) $^{-1}$) is the average concentration of β -Carotene in the solid phase at
124 any time t , the instantaneous rate at which this changes is a balance between the rate at which β -
125 *Carotene* degrades in the solid phase and the rate at which the solute is transferred to the liquid
126 phase. If M_s represents the instantaneous rate of transfer of β -Carotene to the liquid phase (kg s $^{-1}$),
127 and the rate of degradation in the solid phase is assumed to be first order (Achir et al., 2010; Mba
128 et al., 2017), i.e. proportional to the concentration of β -Carotene, we have:

129

130
$$-\frac{dC_s}{dt}X_{dm} = M_s + k_1 C_s X_{dm} \quad (1)$$

131

132 where X_{dm} is the dry matter content of the carrot powder and k_1 is the rate constant for β -Carotene
133 degradation in the solid phase (s $^{-1}$). It is reasonable to hypothesize that C_s is an exponential function
134 of time. This assumption is supported by previous experimental observations that have been well-
135 documented. For instance, in the case of sugars (Appiah-Nkansah et al., 2016), pectins (Leach et
136 al., 1994), and total phenolic content (Bengardino et al., 2019), solid-phase concentrations have
137 been reported to exhibit this type of release kinetics. Therefore:

138

139
$$C_s = C_{si} e^{-k_M t} \quad (2)$$

140

141 where C_{si} is the initial average concentration of β -Carotene in the solid phase and k_M (s^{-1}) is a rate
142 constant for solid phase exhaustion of β -Carotene. It is arguable whether C_{si} represents the initial
143 concentration of β -Carotene *per se* in the solid phase. Experiments were conducted to determine
144 the total mass of β -Carotene that could be extracted from freeze dried carrot powder into different
145 solvents such as tetrahydrofuran, hexane and coconut oil. These experiments involved extraction
146 over very long periods of time (4 h) at 25 °C and repeated extractions using fresh solvents until no
147 more β -Carotene extraction was possible. The amount extracted into each solvent was different.
148 For example, the maximum amount of β -Carotene extracted into tetrahydrofuran – in which β -
149 Carotene is known to be most soluble (Purohit & Gogate, 2015b) – was 865.68 $\mu\text{g g}^{-1}$ powder.
150 Likewise, the maximum amount extracted into hexane was 752.54 $\mu\text{g g}^{-1}$; and that extracted into
151 coconut oil was 722.36 $\mu\text{g g}^{-1}$ This suggests that C_{si} represents the concentration of β -Carotene
152 that is extractable into a given solvent under a given set of operating conditions. It is therefore
153 reasonable to hypothesize that C_{si} is a model parameter which can potentially be estimated from
154 the experimental data. By differentiating eqn (2) and substituting the values of the derivative and
155 C_s into eqn (1), we get:

156

$$157 M_s = X_{dm} C_{si} e^{k_m t} (k_m - k_1) \quad (3)$$

158

159 which is the net rate of transfer of β -Carotene to the liquid or extract phase.

160 A mass balance equation for β -Carotene in the liquid phase can also be developed by assuming
161 that the rate of change of β -Carotene concentration in the liquid phase C_L (kg m^{-3}) is the difference
162 between the rates of transfer from the solid phase (i.e. M_s) and the rate at which β -Carotene

163 degrades in the liquid phase. The latter can also be assumed to follow first order kinetics with a
164 rate constant given by, say, k_2 (s^{-1}). Thus, we have:

165

166
$$V \frac{dC_L}{dt} = M_s - k_2 C_L V \quad (4)$$

167

168 where V is the volume of the extraction medium, in this case, the volume of sunflower oil taken
169 (m^3). By substituting for M_s from eqn (4), a first order ordinary differential equation is obtained
170 which can be solved using the initial condition $C_L = 0$ at $t = 0$, to give:

171

172
$$C_L = \frac{SC_{Si}(k_M - k_1)}{(k_2 - k_M)} [e^{-k_M t} - e^{-k_2 t}] \quad (5)$$

173 where, $\frac{X_{dm}}{V} = S$ represents the solid loading in the extractor (kg of carrot powder per m^3 of
174 sunflower oil).

175

176 For the developed model the experimental conditions can be variable given the degradation
177 kinetics of β -Carotene in solid and liquid phases during extraction. Hence, there could be two
178 special cases for the model apart from the basic assumption of degradation of β -Carotene
179 differently in different phases.

180

181 It is interesting to note that the rate constant for β -Carotene degradation in the solid and
182 extract phases, i.e. k_1 and k_2 , have been assumed to take different values in the model. It is known
183 that β -Carotene degradation may be attributable to temperature (Achir et al., 2011) and oxidation
184 (Burton et al., 2014). If β -Carotene degradation is induced by both these factors, i.e. temperature

185 and oxidation, the values of k_1 and k_2 will be different because the oxidative environments in the
186 solid and oil phases are different. If, on the other hand, temperature induced degradation
187 dominates, then one expects k_1 and k_2 values to be the same since the temperatures in the solid and
188 extract phases are not different. Thus k_1 and k_2 can be set to equal to k in eqn (5), to yield:

189

190
$$C_L = SC_{si}[e^{-kt} - e^{-k_M t}] \quad (6)$$

191

192 In this study, k_1 and k_2 will initially be assumed to take different values; the outcome of
193 the analysis of experimental data will inform whether k_1 and k_2 are the same or different.
194 Regardless, it is interesting to note that the model (i.e. eqns 5 and 6) predict that the plot of C_L
195 versus t goes through a turning point, which is a maxima, when $dC_L/dt = 0$. The time t^* at which
196 this maximum value occurs is given by:

197

198
$$t^* = \frac{1}{(k_M - k_2)} \ln \left(\frac{k_M}{k_2} \right) \quad (7)$$

199

200 If the experimental conditions are such that there is no significant degradation of β -
201 Carotene either in the solid or liquid phases, e.g. extraction at relatively low temperatures, then k_1
202 and k_2 can both be set equal to zero in eqn 5, to yield:

203

204
$$C_L = SC_{si}(1 - e^{-k_M t}) \quad (8)$$

205

206 Thus, the plot of C_L versus t will increase monotonically before asymptotically converging to a
207 value of $C_L = SC_{si}$.

208

209 Experimentally determined C_L versus t data for a range of different conditions (described
210 in materials and method section), will be fitted to eqn (5) or eqn (6) or eqn (8) to deduce the best-
211 fitting values of parameters C_{si} , k_M , k_1 , and k_2 . Under experimental conditions resulting in β -
212 Carotene degradation, the values of k_2 can also be directly determined at different temperatures by
213 dissolving a known quantity in oil and monitoring its transient concentration. Thus, the
214 experimentally determined value of k_2 can also be compared with the values indirectly deduced
215 from the model.

216

217 **3. Materials and Methods**

218 **3.1 Design of experiments**

219

220 Extraction of β -Carotene was performed by implementing a random design using sunflower
221 oil as solvent phase. The extraction temperatures employed were: 90, 115, 135 and 150 °C. The
222 use of higher extraction temperatures than those employed by earlier researchers, aimed to
223 accelerate the extraction process and investigate the extent to which β -Carotene degradation
224 occurred under such conditions. All extraction experiments were carried out in triplicate to
225 estimate means and standard deviations. Data analysis was performed using XLSTAT version
226 2021.1 (AddinSoft, Paris, France). Fitting of the experimental data to the model (eqns. (5) and (8))
227 and the determination of the model constants were undertaken using MATLAB 2022a Academic
228 version (Mathworks Inc., USA); further details are given below in section 3.6.

229

230 **3.2 Preparation of freeze-dried carrot powder and purchase of sunflower oil**

231

232 Fresh carrots (*Daucus carota L.*), purchased from a local supplier in Reading (United
233 Kingdom) were washed, cleaned, and chopped in a food processor (Kenwood Blend-X Fresh
234 BLP41.A0GO) and subjected to blast freezing at -80 °C, for 24-36 h. The frozen material was
235 subsequently freeze dried at pressure 0.420 mbar and temperature -35 °C (VirTis SP Scientific,
236 UK, Pressure range: 0.001-6.11 mbar; Temperature range: 0.01 to -76 °C) for 70-72 h until the
237 moisture content dropped below 3% (dry weight basis). The freeze dried material was ground
238 using a spice mill (Kenwood Prospero AT286 KW714229) and sieved to obtain three cuts with
239 mean particle size of 0. 35, 0.75 and 1.40 mm. Sunflower oil, Flora (100% Natural, Suitable for
240 All Cooking, Made with pure sunflower oil) was purchased from a local supermarket in Reading
241 (United Kingdom).

242

243 **3.3 Determination of extraction kinetics**

244

245 Extraction kinetics was determined by measuring the concentration of β -Carotene dissolved in
246 the oil phase at different time points. A separate extraction was performed for each time point. The
247 time points were arbitrarily selected so that sufficient concentration versus time data points could
248 be obtained to fit the model. Each of these extractions were performed in triplicate in order to
249 determine the mean and standard deviation for each time point. Each extraction batch was prepared
250 by adding 2 g of dehydrated carrot powder sample to 100 ml of the solvent phase (sunflower oil)
251 which was already pre-heated to the desired extraction temperature using magnetic heating and

252 stirring plate. The beaker was then placed on a hot plate to control the temperature and constantly
253 agitated using a magnetic stirrer operating at 300 rpm. After the desired extraction time, the beaker
254 and its content were immediately cooled to 4 °C in an ice-bath. The cooled mixture was then
255 centrifuged (Eppendorf MiniSpin Plus Centrifuge, fisher scientific, UK) at 14000 rpm for 40 mins,
256 whilst maintaining its temperature at 4 °C, to obtain a clear supernatant which was then stored at
257 4 °C until further analysis.

258

259 **3.4 Measurement and characterization of β -Carotene in sunflower oil**

260

261 The concentration of β -Carotene in the extract phase was determined by taking 0.25 ml of the
262 stored oil extract, mixing it with 3.75 ml of hexane and measuring the absorbance of the mixture
263 against a blank solution of hexane and plain sunflower oil at 450 nm using a spectrophotometer
264 (Cecil CE1011 Spectrophotometer) (Li et al., 2013a). A standard calibration curve ($R^2 = 0.99$)
265 was prepared by dissolving pure β -Carotene (Tokyo Chemical Industry UK Ltd, 98 %) at various
266 concentrations (0.5 μ g/ml to 12 μ g/ml) in a mixture of 8:1 (v/v) hexane and plain sunflower oil
267 and measuring the absorbance at 450 nm.

268

269 In general, the β -Carotene extract can consist of *cis* and, *trans* isomers due to the high
270 temperature applied during extraction (B. H. Chen & Liu, 1998). The extract solutions were
271 therefore characterized by using a HPLC based method described by Achir *et al.*, (2010) and
272 Syamila *et al.*, (2019). This procedure involved crystallizing out the sunflower oil triglycerides by
273 mixing 0.5 ml of stored extract with 4.5 mL acetone, vortexing the mixture for 10 s and leaving it
274 overnight at -20 °C. The triacylglycerols were separated by rapid sampling and filtration through

275 a 0.2 μ m PES filter (Fisher Scientific, China). The triacylglycerol-free mixture was then directly
276 injected into the HPLC column - a polymeric YMC-30 (4.6 mm id \times 250 mm, 5 mm particle size)
277 (YMC, Wilmington, NC, USA). Elution was performed with a quaternary pump. The mobile phase
278 consisted of methanol, tert-butyl-methyl-ether (TBME), and milli-Q water (50 : 45 : 5, v/v/v at a
279 flow rate of 1 mL/min under isocratic conditions. A UV- visible photodiode array detector (Dionex
280 UVD 340U) was used to analyze the chromatograms at a detection wavelength of 450 nm. Analysis
281 were done in triplicate. The quantification was done against a standard calibration curve (R^2 =
282 0.99) in a concentration range between 0.5 μ g/ml to 12 μ g/ml in a mixture of 8:1 (v/v) hexane and
283 plain sunflower oil.

284

285 **3.5 Degradation kinetics of β -Carotene in sunflower oil under frying conditions**

286

287 As mentioned earlier, a key purpose of this research is to explore the possibility of using β -
288 *Carotene* enriched oil in cooking and food processing. It was therefore thought desirable to
289 investigate the degradation kinetics of β -*Carotene* at different temperatures which included
290 common frying temperatures (135, 150, 160, 180, 200 and 220 °C), by measuring the concentration
291 of β -Carotene remaining in the sunflower oil after exposure to the temperature for a stipulated
292 time. At each temperature, the concentration of β -*Carotene* was measured after 5, 10, 15, 20, 25,
293 and 30 mins, in addition to the initial concentration. A separate batch of β -*Carotene* in oil,
294 contained in a heat stable test tube (Pyrex, UK), was used for each time point. 9 ml of commercially
295 available sunflower oil (Flora, United Kingdom) was first heated to the desired temperature and 1
296 ml of β -*Carotene* enriched sunflower oil was added to it, so as to result in an initial β -*Carotene*
297 concentration of 200 mg kg⁻¹. This procedure ensured that the β -*Carotene* attained the pre-

298 determined temperature in the shortest possible time, which was less than 10 s. The test tube was
299 then maintained at this temperature for the desired time. It was then rapidly cooled to in an ice
300 bath, and stored at 4 °C temperature in an amber vial which protected it from light degradation
301 until further analysis . The transient concentrations of β -Carotene, determined at each temperature,
302 were fitted to the first order equation to deduce the rate constant:

303

304
$$\ln \left(\frac{c_0}{c_t} \right) = kt \quad (9)$$

305

306 where, c_t and c_0 are the concentrations of β -Carotene at any time t and initially, respectively, and
307 k is the first order isothermal rate constant, assumed to vary with temperature (T) according to the
308 well-known Arrhenius equation: $k = A \exp\left(\frac{-E_a}{RT}\right)$ where, A is the pre-exponential factor (s^{-1}); E_a is
309 the activation energy ($J \text{ mol}^{-1}$); and R is the universal gas constant ($8.314 \text{ J mol}^{-1} \text{ K}^{-1}$).

310

311 **3.6 Statistical analysis**

312

313 The validity of the model was tested by fitting eqns. (5) and (8) to the experimentally
314 determined c_L versus t data using MATLAB 2020b's curve fitting tool for 95% confidence interval.
315 The tool works by minimizing the sum squared error and root mean squared error, and requires an
316 initial guess for the model parameters. The Levenberg-Marquardt algorithm is used to optimize
317 the model parameters, and the best-fit values were based on 15×3 data points (in triplicates) for
318 each experimental condition. This article also explains that the SSE and RMSE values indicate
319 model validity and goodness of fit, and the co-efficient of correlation and adjusted R^2 are
320 determined to ensure an adequate number of parameters have been used. The narrow range of joint

321 confidence intervals obtained reinforces the precision in estimating the parameters and the
322 adequacy of the number of experimental data points used in the fitting exercise.

323

324 Sum of squared error (SSE) = $\sum(y_{exp} - y_{model})^2$ (10)

325 Root mean squared error (RMSE) = $\sqrt{\frac{1}{n} \sum_{i=1}^n (y_{exp} - y_{model})^2}$ (11)

326 Coefficient of determination (R^2) = $1 - \frac{RSS}{TSS}$ (12)

327 Adjusted coefficient of determination ($Adj - R^2$) = $1 - \frac{(1-R^2)(n-1)}{(n-p-1)}$ (13)

328

329 where, n =number of observations for each experiment; y_{exp} – Experimental results; Y_{model} –
330 Predicted results from model; RSS – Residual sum of square; TSS – Total sum of square; p -total
331 number of predicted results from model.

332

333 **4. Results and Discussion**

334 **4.1 Validation of the model**

335

336 Experimentally determined C_L versus t data were fitted to eqn (5). At temperatures of 90
337 and 115 °C, the C_L values increased with time before reaching asymptotic values ($p<0.05$) – as
338 shown in Fig 1. This trend suggests that the degradation of β -Carotene during extraction is
339 negligible at these temperatures. In other words, k_1 and k_2 can be considered to be negligible in
340 eqn (5), and eqn (8) represents the variation of concentration with time. Fig 1 also shows the fit
341 between the experimental data at these temperatures with eqn (6) and (8), and the model constants
342 are reported in the caption of Fig 1.

343

344 At the higher temperatures of 135 and 150 °C, the concentration goes through a maximum
345 value which is consistent with eqn (5) and also confirms the occurrence of *β-Carotene* degradation
346 during extraction. The acceptable fit between the eqn (5) and the experimental data at these
347 temperatures is shown in Table 1S (supplementary data), along with the corresponding best-fit
348 values of the model constants as well as goodness of fit. Even though the high R^2 value illustrates
349 a good fit between model and experimental data, other fitness parameters such as sum of squared
350 error (SSE), root mean squared error (RMSE), and adjusted R^2 were also estimated (Eqns. 9, 10
351 and 12). The distinctly lower values of the statistical error and higher values of determination
352 coefficients (Table 1S) enhance the model validity.

353

354 The values of the constant k_2 – which represents the first order rate constant for the
355 degradation of *β-Carotene* in the oil phase – were estimated by fitting the C_L versus t data as
356 mentioned above, as well as by undertaking separate *β-Carotene* degradation experiments, already
357 stated earlier under materials and methods (section 3.6). ANOVA (pair comparison test) was run
358 to check the null hypothesis of a significant difference existing between k_2 values given by the
359 model and the experimentally determined values of k_2 ; the p value obtained was greater than 0.05
360 which negates the null hypothesis. Thus, k_2 values deduced from eqn (5) and experimental values
361 are statistically the same – which further reinforces the model hypothesis that degradation kinetics
362 of *β-Carotene* in oil follows first order between 135-220 °C.

363

364 It is evident from Table 1S that the values of k_1 and $(k_2)_{exp}$ are very close. An ANOVA was
365 therefore run to check whether k_1 and $(k_2)_{exp}$ were significantly different or not, which resulted in

366 a p value for the null hypothesis greater than 0.05 suggesting the rejection of the hypothesis. Thus,
367 k_1 and $(k_2)_{\text{exp}}$ can be assumed to be equal in eqn (5), which indicates that the general variation of
368 $\beta\text{-Carotene}$ concentration in oil is given by eqn (6) where k_1 and k_2 are considered to be equal and
369 both replaced by k . The insignificant difference between k_1 and k_2 values also suggests that the
370 degradation is predominantly thermal by nature, and any differences in the structural environments
371 of the two phases do not play a significant role in the degradation process. Thus, the experimentally
372 determined C_L versus t data were fitted to eqn (6) to generate Table 1 which shows the best fit
373 model parameters as well as the goodness of fit. Fig 1 illustrates the fit of the experimental data
374 against equations 6 and 8, for all the temperatures and particle sizes investigated in this work.

375

376 As mentioned in section 2, the value of k_m represents the rate constant for solid phase
377 exhaustion of $\beta\text{-Carotene}$ and k represents its degradation rate constant. It is evident from Table 1
378 that k_m is significantly greater than k which suggests that chemical degradation of $\beta\text{-Carotene}$ in
379 sunflower oil is relatively slow in comparison with its transfer from the solid phase, even at
380 temperatures as high as 135 or 150 °C, which enables rapid and efficient extraction to be carried
381 out at such high temperatures. If this extraction is to be carried out continuously, then a reactor
382 with tubular configuration will be effective to control residence times.

383

384 Earlier work on $\beta\text{-Carotene}$ extraction has largely been undertaken using organic solvents
385 such as hexane (Y. Sun et al., 2010), Tetrahydrofuran (Y. Sun et al., 2010), ethyl acetate (Y. Sun
386 et al., 2010), dichloromethane (Y. Sun et al., 2010) and ethanol (Purohit & Gogate, 2015a) where
387 rapid degradation of $\beta\text{-Carotene}$ has been noted, prompting the use of relatively low temperatures
388 (30-60 °C) and, in some cases, the use of devices such as microwaves or ultrasound (Chutia &

389 Mahanta, 2020; Demiray & Tulek, 2017; Stupar et al., 2021). The rates of extraction observed in
390 the present study are significantly greater than those observed in some earlier studies. For example,
391 Purohit and Gogate (2015) have reported an extraction time of around 50 mins to attain a yield of
392 70% (based on the total extractable β -Carotene) in ultrasound assisted ethanol solutions at
393 temperature of 30°C, when using carrot particles of sizes comparable with the sizes used in the
394 present study. By employing higher temperatures such as those used in this work, similar yields
395 can be obtained in a matter of 5-6 mins. Chumnanpaisont et al (2014) have also reported extraction
396 times of 2 -5 mins for the extraction of β -Carotene from carrots using microwave power, operating
397 either continuously or intermittently. Table (2) shows a comparison between the net rate of
398 extraction determined using various extraction methods and the values observed in this work
399 employing solely thermal heating. It is clear that the extraction rates at 135 and 150 °C are higher
400 or comparable with the values obtained employing energy intensive extraction methods such as
401 microwave, pulsed electric field and electrohydrodynamic combined with ultra sound.

402

403 **4.2 Composition of the sunflower oil extract**

404

405 β -Carotene can exist in three isomeric forms in oil: *trans*, 9-*cis* and 13-*cis* (Achier et al.,
406 2011). HPLC analysis was performed for each extract and the concentrations of the three isomers
407 in the extract are shown as a function of time in Fig. 2 (a)-(d). The concentration of 9-*cis* in the
408 extract was below the detection limit, therefore the concentrations of only the other two isomers
409 are shown. A similar result was reported earlier by Achier et. al., (2011). It is also interesting to
410 note that the sum of the concentrations of the two isomers is the total β -Carotene concentration
411 determined spectrophotometrically; this is also shown in Fig. 2 (a)-(d). At higher extraction

412 temperatures the concentration of 13-cis increases initially, but decreases to virtually zero soon
413 after the peak concentration is reached. Therefore, longer extraction durations only result in *trans*
414 isomers. In general, the extract is dominated by the *trans*-isomer with its percentage varying
415 between 70-87% of the *β-Carotene* in the extract. This implies that the percentage of cis isomers
416 ranged between 13-30%, which is somewhat lower than the value of 40% reported for copra fat
417 and palm olein by Achir et al (2011). could the higher value for these materials may be attributed
418 to the higher concentration of *β-Carotene* used and the application of more severe treatment. It
419 may be noted that these observations are valid for all the particle sizes employed in this study (data
420 not shown).

421

422 The three isomers have been reported to possess similar vitamin A forming potentials and
423 colouring attributes (Rodriguez-amaya, 1999). Therefore, the relative concentrations of the
424 isomers may not be critical from applications point of view. However, Figs. 2 (a)-(d) provide
425 insights into the distribution of the isomers in the extract phase under different operating
426 conditions.

427

428 **4.3 Effect of temperature and particle size on the extraction kinetics**

429

430 *β-Carotene* is mainly present in chromo- and chloroplast, and protected by the cellulose
431 and pectin layers of the cellular structure (Thürmann et al., 2002). Smaller particle sizes imply
432 shorter diffusion path length and greater accessibility of the *β-Carotene*. Therefore, k_m increases
433 with decrease in particle size, which is confirmed in Table 1. Higher temperatures, on the other
434 hand, improve accessibility by rupturing the protecting membranes (Nutter et al., 2021). Therefore

435 k_m also increases with temperature, but, as Table 1 shows, the increase is not as marked as the
436 effect of particle size.

437

438 **4.4 Degradation kinetics of β -Carotene in sunflower oil, especially at normal frying
439 temperatures**

440

441 β -Carotene degradation experiments were performed by dissolving commercially available
442 $trans$ - β -Carotene in sunflower oil and allowing the β -Carotene to degrade at the desired
443 temperatures (section 3.6). For all heating treatments, the concentration of $trans$ - β -Carotene
444 decreased as a function of the heating time. This disappearance was visible macroscopically by a
445 loss of color, and it was more rapid as the temperature increased around 200 °C. Fig 3 shows a
446 semi-log plot of normalized β -Carotene concentration against time over a range of temperatures
447 between 135 and 220 °C. The linear nature of the plots confirm that the degradation follows first
448 order isothermal kinetics; the rate constants values are given in Table 3, which also reports the
449 Arrhenius constants: activation energy and pre-exponential factor. Table 3 shows that the
450 activation energy value over the temperatures 135-220 °C is 56.65 kJ/mol ($R^2=0.91$), which is
451 consistent with the reported values of 48 kJ/mol for β -Carotene degradation in palm olein (Achir
452 et al., 2010).

453

454 The choice of temperature and time employed in this study were intended to cover values
455 encountered during the use of sunflower oil for deep fat frying (Totani et al., 2013). The values of
456 degradation rate constant given in Table 3 are in close agreement with the values previously
457 reported by (Achir et al. 2011). But the values of the rate constants observed in this study are

458 significantly lower than the values reported by Sun et al., (2010) for trans β -Carotene degradation
459 in dichloromethane under the influence of ultrasound at temperatures in the range -5-25 °C. It is
460 unclear whether the chemical nature of the solvent medium plays a role in influencing kinetics,
461 but these studies suggest that there is a role played by the solvent. Further experiments are needed
462 to confirm solvent effects. Regardless, it is clear that in sunflower oil, β -Carotene undergoes
463 degradation at frying temperatures, the extent depending on the time-temperature combination
464 employed. If we assume a typical frying temperature of 180 °C for 10 mins (e.g. for frying French
465 fries), the percentage of β -Carotene remaining in the oil, based on the rate constant values reported
466 in this work is 75%, which suggests that β -Carotene fortified vegetable oils can be used, in
467 practice, for frying and other food processing applications. At such high temperatures, the heating
468 time needs to be over 30 minutes for 90% of β -Carotene to be destroyed (Achir et al., 2010).

469

470 During heating, β -Carotene degradation is reported to be accompanied by concomitant
471 isomerization, as well as oxidation to produce epoxy- and hydroxy- β -Carotene, and cleavage
472 products such as apocarotenals and apocarotenones (Mordi, 1993); Caris-Veyrat *et al.*, 2001). In
473 this study, the development of *trans*-, 9-*cis* and 13-*cis* isomer concentrations were monitored with
474 time, at various temperatures, using HPLC-DAD (section 3.4). Achir et al (2011) have proposed
475 plausible reaction networks leading to the formation of the isomers and thermal degradation
476 products. A simplified network model scheme is presented in Fig 4, which assumes that, at any
477 given temperature, the trans isomer can reversibly change either to 9-*cis* or 13-*cis* isomer, each of
478 which can also undergo subsequent thermal degradation. Each reaction in the network shown in
479 Fig. 4 is also assumed to be first order with corresponding rate constants. It is also reasonable to
480 assume that the thermal degradation rate constants for all three isomers are the same at a given

481 temperature, as suggested by Achir (2011). Based on these assumptions, an instantaneous mass
482 balance can be written for each of the isomers as follows:

483

484
$$\frac{dC_{trans}}{dt} = -(k_1 + k_3 + k_5) \times C_{trans} + k_2 \times C_{9-cis} + k_4 \times C_{13-cis} \quad (14)$$

485
$$\frac{dC_{9-cis}}{dt} = k_1 \times C_{trans} - (k_2 + k_5) \times C_{9-cis} \quad (15)$$

486
$$\frac{dC_{13-cis}}{dt} = k_3 \times C_{trans} - (k_4 + k_5) \times C_{13-cis} \quad (16)$$

487

488 The above set of differential equations was used to model the concentration of the three
489 isomers with respect to reaction (processing/cooking) time and temperature, the initial conditions
490 being $C_{trans} = C_{\beta\text{-Carotene}}$ and $C_{9-cis} = C_{13-cis} = 0$. Multiresponse modelling to obtain the best estimates
491 of the rate constants from k_1 through to k_5 and their corresponding activation energies was
492 performed by non-linear regression using the Bayesian approach and the determinant criterion
493 (van Boekel 2008), included in the modelling software Athena Visual Studio software package
494 (Athena Visual Software Inc., Naperville, IL). The minimisation of the determinant criterion
495 (Stewart, Caracotsios, & Sørensen, 1992) is ideal for multiresponse studies since it removes the
496 need for the statistical compliance that is required for the typical minimization of the sum of
497 squares (van Boekel, 2008). Each of the rate constants from k_1 through to k_5 was assumed to follow
498 Arrhenius behaviour with respect to temperature and was reparametrized as follows:

499

500
$$k = k_{ref} \exp\left(\frac{-E_a}{R} \left(\frac{1}{T} - \frac{1}{T_{ref}}\right)\right)$$

501

502 where:

503 k : rate constant at any temperature T (°K)

504 k_{ref} : rate constant at reference temperature T_{ref} (set at 473 °K, i.e. 200 °C)

505 Ea : activation energy (Joules/mole)

506 R: Universal gas constant (8.314 J mol⁻¹ K⁻¹)

507

508 Three models were compared, which differ on the number of parameters employed: The
509 first model had explicit activation energies attributed to each rate constant, in the second model k_1
510 and k_2 shared the same activation energy, and the same applied to k_3 and k_4 , while in the third
511 candidate model all rate constants shared the same activation energy. The sum of squares of the
512 residuals (RSS) is a measure of the discrepancy between the experimental and model data, with a
513 lower value indicating a better fit between the two. In addition, the Akaike information criterion
514 (AIC) was also employed to discriminate between the different candidate models. Out of the three
515 models, the first one was the best since it had the lowest RSS as well as the lowest AIC value. The
516 best estimates of the parameters of the first model - i.e. the rate constants at 200 °C and their
517 activation energies - along with their 95% confidence intervals are presented in Table 4.

518

519 A graphical comparison between the experimentally determined concentrations of different
520 β -Carotene isomers and the values predicted by the model is shown in Figs. 5 (a)-(d). The rate
521 constants for back isomerization of the trans isomer from 9-cis and 13-cis are greater than the
522 corresponding values for the forward reaction, which accounts for the significantly higher
523 concentrations of the *trans* isomer in the mixture at all the temperatures, except 220 °C where the
524 concentrations become comparable. This observation of generating higher concentrations of trans
525 isomers at higher temperatures is consistent with Achir et al (2011), who reported lower rate

526 constants for the back isomerization of *cis*. The rate constant k_5 representing irreversible thermal
527 degradation of all three isomers can be compared with the rate constant values obtained by
528 measuring absorbance values as a function of time (section 3.4) and a parity plot of values obtained
529 at different temperatures is shown in Fig 6.

530

531 The significance of isomer formation during degradation to potential bioactivity is not
532 conclusive. According to Rodriguez-Amaya (1999), all three isomers are capable of synthesizing
533 vitamin A, and can impart coloration to food materials. However, Castenmiller & West (1998) has
534 stated that the *trans*-isomer is more active at synthesizing vitamin A than the *cis*-isomers. It is
535 therefore evident that further research is needed to conclusively establish the role played by each
536 isomer in this regard.

537

538 **4. Conclusion**

539

540 1. Elevated temperatures (upto 150 °C) can be used viably to extract β -Carotene in edible oil.

541 Despite thermal degradation of β -Carotene at high temperatures, the net rates of extraction
542 observed in this study were found to be significantly higher or comparable with the rates
543 observed in earlier studies using energy intensive technologies such as pulsed electric field,
544 microwave and electrohydrodynamic in combination with ultrasound.

545 2. A model developed to determine the transient concentration of β -Carotene in sunflower
546 oil, which accounts for thermal degradation occurring in the solid and extract phases, gave
547 a good fit with the experimental data. This kinetic model can potentially be used to design
548 and size extractors.

549 3. β -Carotene enriched sunflower can be used as a frying medium to enrich the nutritional
550 value of fried products.

551 4. A reaction network model was developed to explain kinetics of formation and degradation
552 for each β -Carotene isomer during thermal degradation.

554 Nomenclature

A	Pre-exponential factor, s^{-1} ,	p	Total number of predicted results from model
AIC	Akaike information criterion	R²	Coefficient of determination
Adj-R²	Adjusted coefficient of determination,	rpm	Revolution per minute, min^{-1}
C_0	Concentrations of β -Carotene initially, $\mu g/ml$	RMSE	Root mean squared error
C_L	Concentration of b -Carotene in the extract, $kg m^{-3}$	R	Universal gas constant, $8.314 J mol^{-1} K^{-1}$
C_s	β -Carotene concentration in the solid phase at any time, kg betalain (kg dry solid) $^{-1}$	RSS	Residual sum of square
C_{si}	Initial concentration of b -Carotene that is extractable, $kg m^{-3}$.	SSE	Sum of squared error
c_t	Concentrations of β -Carotene at any time t , $\mu g/ml$	THF	Tetrahydrofuran
E_a	Activation Energy, Eqn 6, $J mol^{-1}$	t	Time, s
k_1	First order rate constant for b -Carotene degradation in the solid phase, s^{-1}	t^*	The time when C_L peaks, s
K_2	First order rate constant for b -Carotene degradation in the extract phase, s^{-1}	TSS	Total sum of square

k_m	First order rate constant for exhaustion of the given β -Carotene from the solid phase, s^{-1}	T	Extraction and degradation temperature, $^{\circ}\text{C}$
k	First order isothermal degradation rate constant for b -Carotene, s^{-1}	V	Volume of the solvent, m^3
$(k_2)_{\text{exp}}$	Experimentally determined first order rate constant for β -Carotene degradation in the extract phase, s^{-1}	X_{dm}	Dry matter content of the carrot powder, kg
k_{ref}	Rate constant at reference temperature (s^{-1})	y_{exp}	Experimental results
M_s	instantaneous rate of transfer of b -Carotene to the liquid phase, kg s^{-1}	y_{model}	Predicted results from model
n	Number of observations for each experiment		

555

556

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561

562 **Conflicts of Interest**

563 There are none to declare

564

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695

Table 1: Values of model parameters fitting to eqns. (6) and (8). Experiments performed with solid to liquid ratio 20 kg m⁻³ and for different particle sizes at different temperatures.

Sl. No.	Particle size (mm)	Temperature (°C)	$C_{si} \times 10^{-4}$ (kg of BC/kg dry matter)	$k \times 10^{-4}$ (Degradation rate constant in the solid phase, s ⁻¹)	$k_m \times 10^{-3}$ (Exhaustion rate constant of BC in the liquid phase, s ⁻¹)	SSE $\times 10^{-6}$ (Eqn. 10)	R ² (Eqn. 12)	Adjusted-R ² (Eqn. 13)	RMSE $\times 10^{-4}$ (Eqn. 11)
1	0.350	90	7.52±0.16	---	8.0±0.71	17.60	0.94	0.94	10.83
		115	7.61±0.19	---	8.0±0.77	14.07	0.95	0.95	9.68
		135	8.03±0.15	5.70±0.11	18.0±1.22	20.17	0.89	0.87	36.67
		150	6.67±0.13	4.64±0.07	22.0±1.31	62.18	0.92	0.90	20.36
2	0.750	90	4.98±0.09	---	10.0±0.83	5.92	0.96	0.95	6.28
		115	6.27±0.11	---	16.0±1.09	90.82	0.99	0.99	2.46
		135	5.77±0.12	0.51±0.03	17.0±1.04	3.73	0.97	0.97	5.16
		150	6.82±0.17	0.62±0.07	20.0±1.53	35.95	0.99	0.99	16.03
3	1.400	90	4.68±0.02	---	6.0±0.21	0.99	0.99	0.99	2.57
		115	5.05±0.06	---	9.0±0.55	5.88	0.96	0.96	6.26

135	4.51 \pm 0.08	1.35 \pm 0.09	13.0 \pm 0.33	86.01	0.98	0.98	2.47
150	4.68 \pm 0.02	4.08 \pm 0.11	15.0 \pm 1.19	14.74	0.92	0.90	10.26

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700 Note: the model parameters were predicted by using average value of triplicate experimental dataset (n=3).

701 C_{si} – Maximum extractable betalains (kg of dried β -Carotene/kg of dried carrot powder).

702 k – Degradation rate constant (s^{-1})

703 k_m – Solid exhaustion rate constant (s^{-1})

704 SSE – Sum of squared errors

705 R^2 – Co-efficient of determination

706 Adj. R^2 – Adjusted Co-efficient of determination

707 RMSE – Root mean squared error

708

Table 2: Comparison of maximum extraction rates reported in literature with values observed in this research.

Authors	Solvent Used	Extraction method	Operating parameters	Maximum extraction rate (kg β -Carotene (kg of dry matter) $^{-1}$ s $^{-1}$)	Comment
(Li et al. 2013)	Sunflower oil	Ultrasound Extraction	Solid/liquid = 1/20, Time = 30 min	2.0×10^{-6}	Particle size was not mentioned
(Roohinejad et al., 2014)	Glycerol monocaprylocaprat e+Posphate Buffer + Tween 20	Pulsed Electric Field Treatment as pre-treatment	Solid/liquid = 1/30, Time = 60 min	2.0×10^{-6}	Particle size was not mentioned
(Hiranvarach at & Devahastin, 2014)	Hexane (50%), acetone (25%), Ethanol (25%)	Microwave Extraction	180 W/75 ml, Time = 4 min	4.6×10^{-6}	Particle size was not mentioned

(Salehi & Taghian Dinani, 2020)	Ethanol	Ultrasound- electrohydrodyna mic	Solid/liquid = 1/10, Time = 60 min	3.5×10^{-6}	Particle size was not mentioned
This Study	Sunflower oil	Hot plate Stirring Extraction	(a) 90-150 °C, 4 min extraction time	3.1×10^{-6}	Particle size = 350 μ m.

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Table 3: Effect of temperature on the rate constants for thermal degradation of β -Carotene in sunflower oil, and Arrhenius constants.

Temperature (°C)	Degradation rate constants, k (s ⁻¹)	Half-life, ($t_{1/2}$) (min)	R ²	Activation Energy, E_a (kJ/mol ⁻¹)	Pre-exponential Factor, A (s ⁻¹)
135	0.0001	115.5	0.87		
150	0.0002	57.75	0.99		
160	0.0004	28.87	0.96		
180	0.0006	19.25	0.96	56.65	7.6
200	0.0009	12.83	0.98		
220	0.0022	5.25	0.97		

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712 Note: the model parameters were deduced by plotting average value of triplicate
713 experimental dataset (n=3).

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715 k – First order isothermal degradation rate constant of β -Carotene (s⁻¹)

716 $t_{1/2}$ - Half life time for degradation of β -Carotene (min)

717 R²- Co-efficient of determination

718 E_a – Activation energy of degradation for β -Carotene (kJ/mole⁻¹)

719 A - Pre-exponential Factor, (s⁻¹)

Table 4: Rate constant values and Arrhenius parameters for the reaction network described in Fig 4.

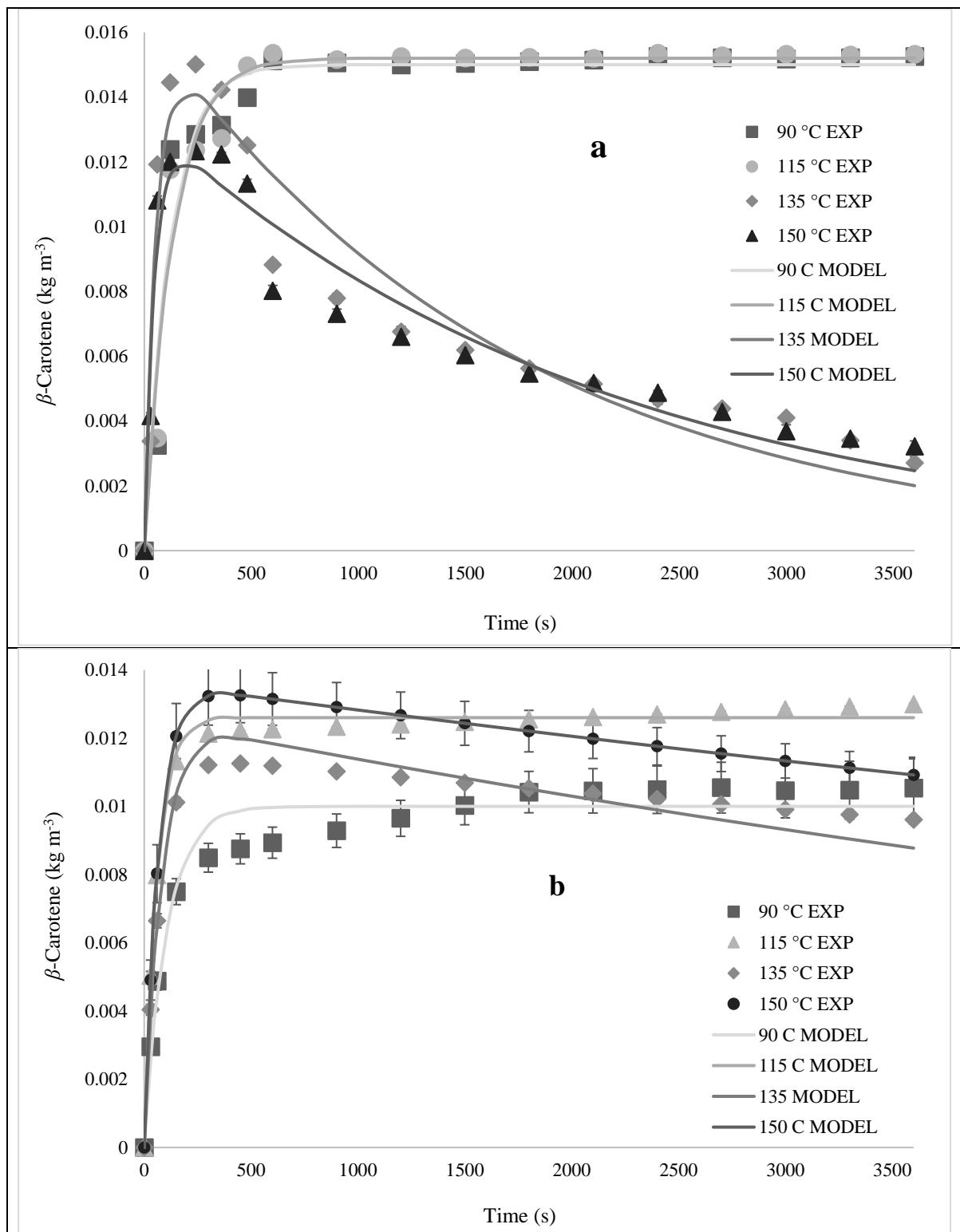
Reaction rate	Temperatures (°C)				Activation Energy (kJ mol ⁻¹)	Goodness of fit	
	160	180	200	220		RSS	n
k_1	0.079±0.001	0.188±0.002	0.415±0.002	0.860±0.006	70.51		
k_2	0.148±0.001	0.330±0.002	0.689±0.005	1.356±0.010	65.52		
k_3	0.166±0.001	0.232±0.001	0.316±0.001	0.418±0.003	27.24	0.005	288
k_4	0.461±0.002	0.569±0.003	0.689±0.001	0.821±0.005	17.04		
k_5	0.011±0.001	0.027±0.001	0.060±0.004	0.125±0.002	70.16		

720 Note: the model parameters were predicted by using average value of triplicate
721 experimental dataset (n=3).

722 RSS – Sum of square of the residuals (RSS = $\sum_{i=1}^n ([X_{\text{optipred}}] - [X_{\text{exp}}])^2$), where n is the
723 number of data points, $[X_{\text{exp}}]$ the experimental result, and $[X_{\text{optipred}}]$ the optimized simulated
724 result.

725 n – no. of datapoints model was evaluated.

726

Figures

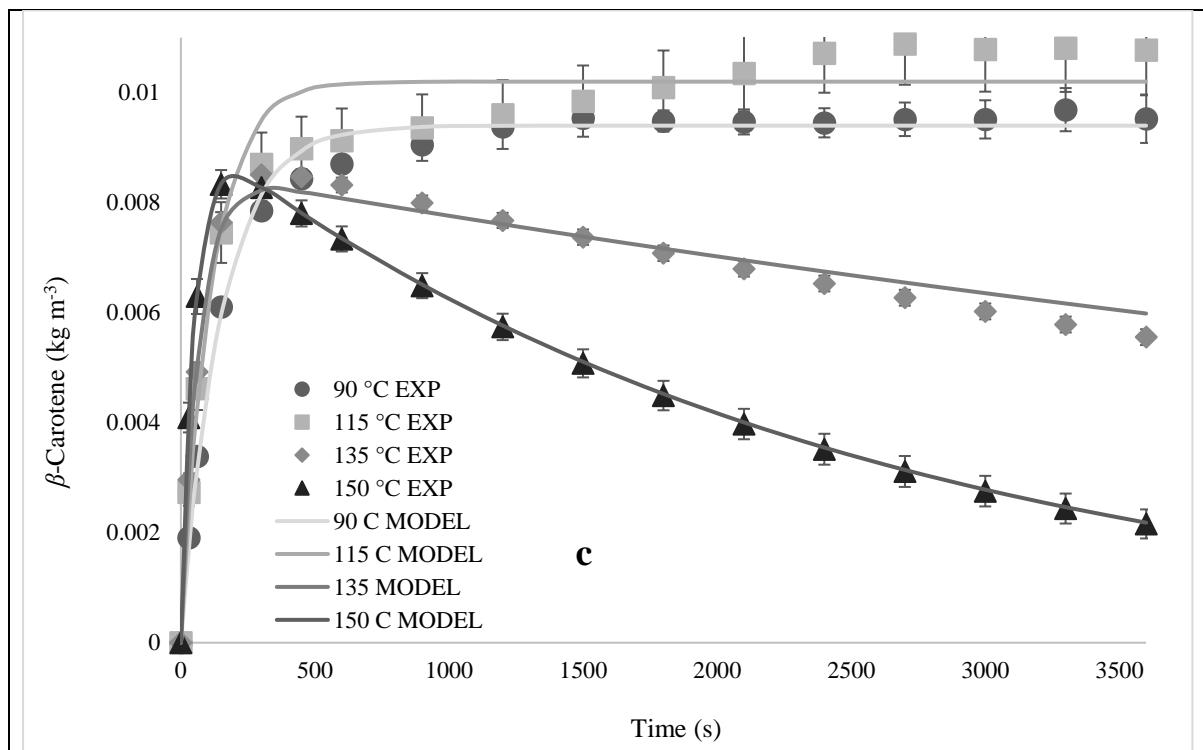
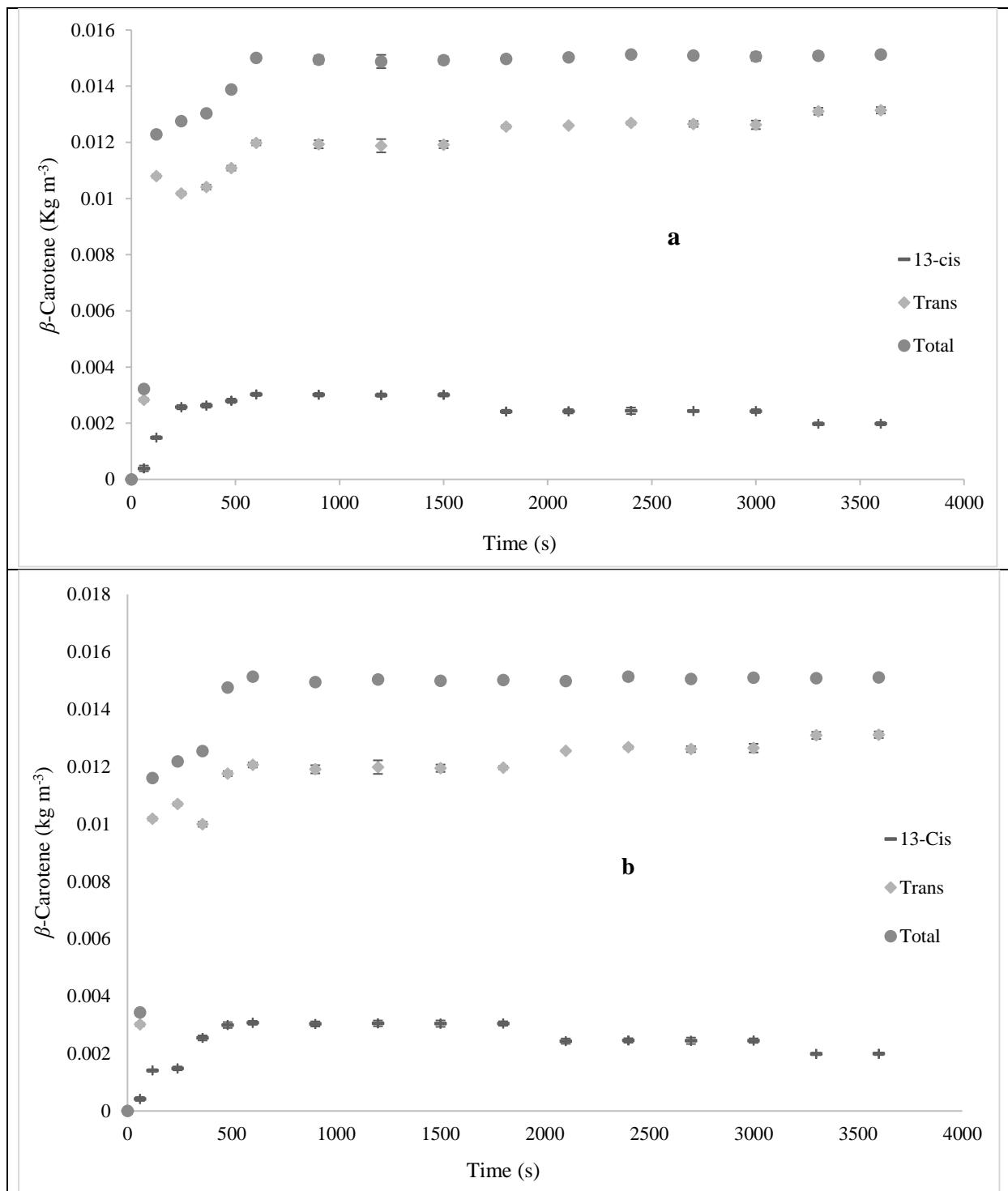


Figure 1: Extraction of β -Carotene from carrot powders at 90, 115, 135 and 150 °C into sunflower oil, Solid loading =20 kg/m³, a) Particle size – 0.35 mm, b) Particle size – 0.75 mm, (c) Particle size – 1.40 mm. The points indicate experimental values of the concentration and the solid line represents the model, i.e., concentration given by Eqns. (6) and (8). Values of the model parameters for the other particle sizes with temperature range in sunflower oil are shown in Table 1. Standard deviation was included for triplicates (n=3).

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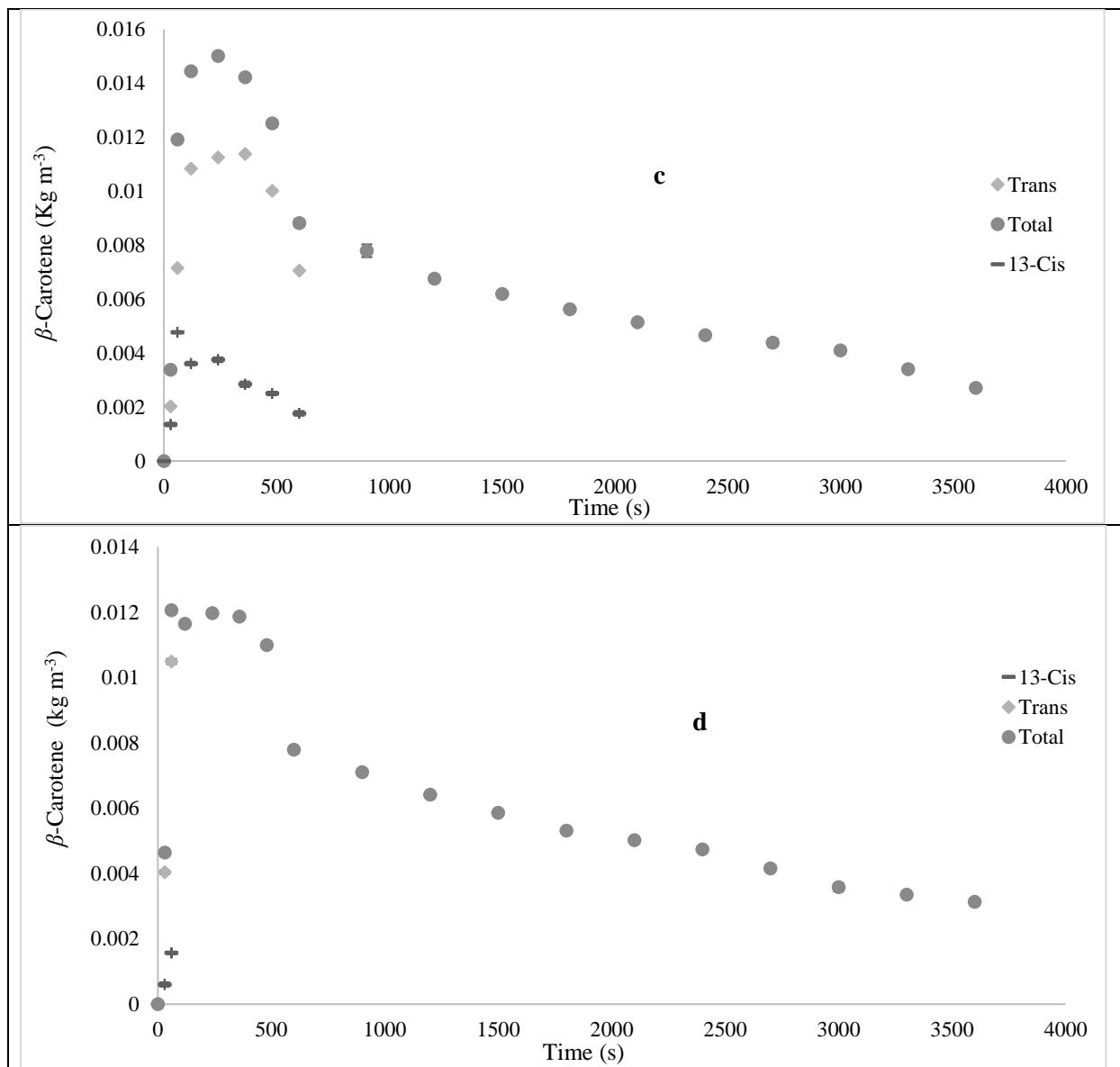


Figure 2: Composition of β -Carotene isomers, *trans* and *13-cis*, in sunflower oil extract at different extraction temperatures (a) 90 °C, (b) 115 °C, (c) 135 and (d) 150 °C. It may be noted that 13-cis isomer was only observed in the initially stages of extraction at higher temperatures of 135, and 150 °C (Figs c and d). 9-cis isomer was not detected in the extracts. Standard deviation was included for triplicates (n=3).

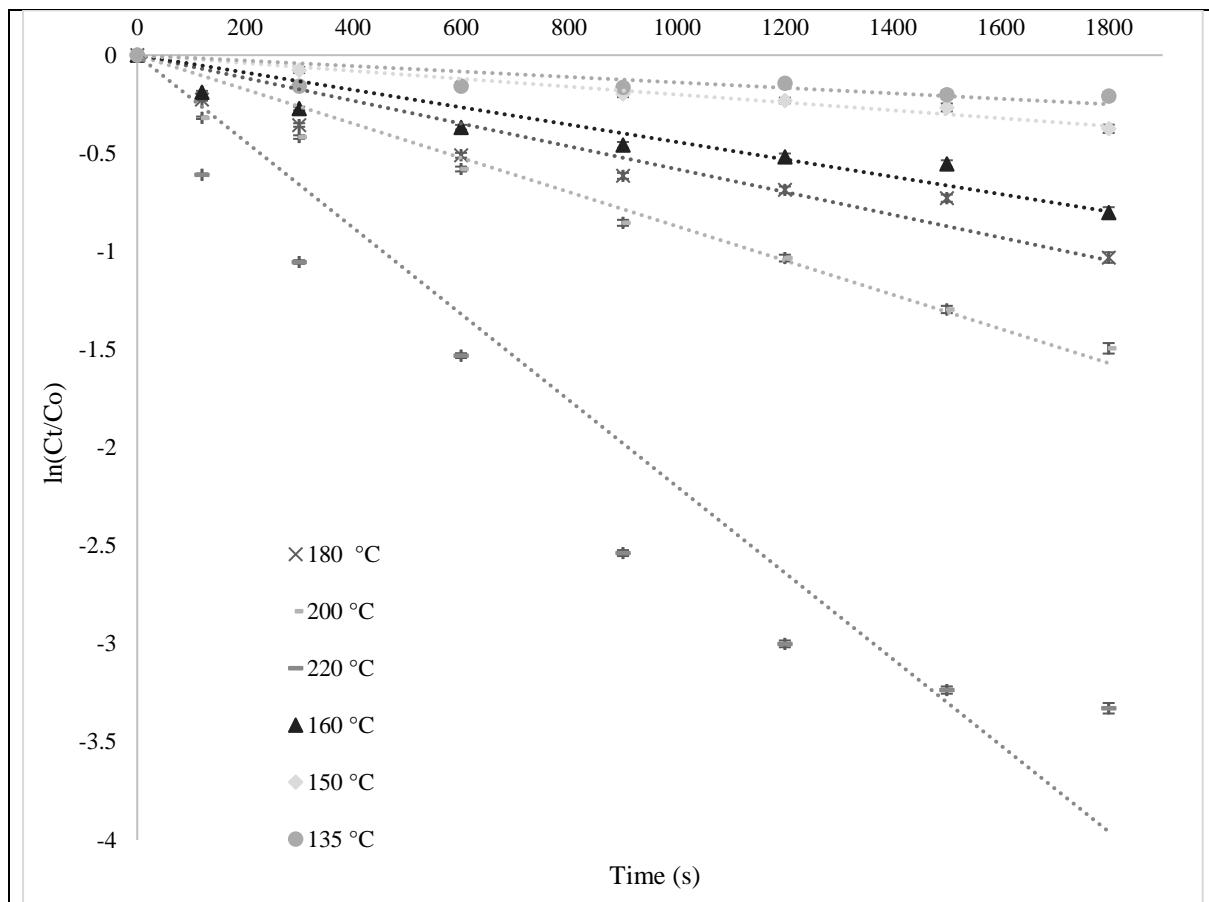
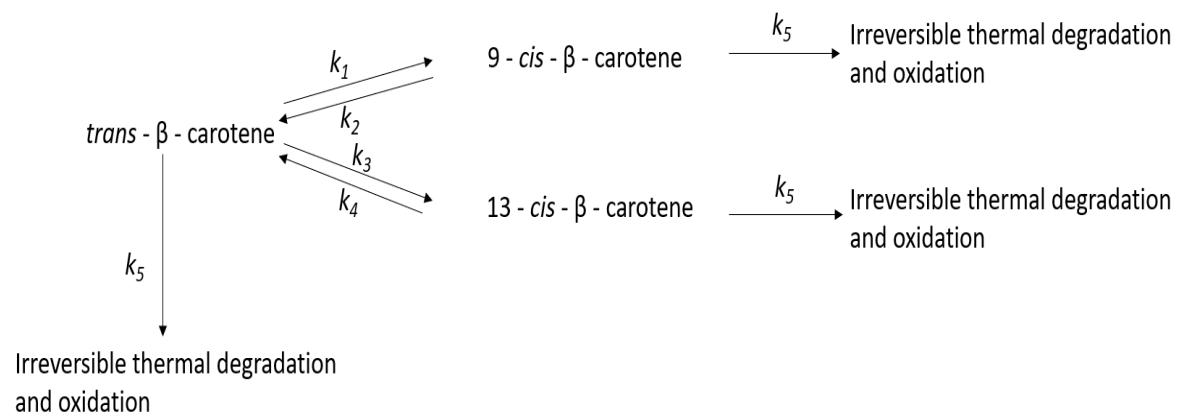


Figure 3: Degradation kinetics of β -Carotene in sunflower oil at different temperatures.

Temperature range was selected to reflect normal frying and cooking conditions. Solid lines indicate first-order kinetic fit. The rate constant at different temperatures are reported in Table (3). Note: the model parameters were deduced by plotting average value of triplicate experimental dataset (n=3).

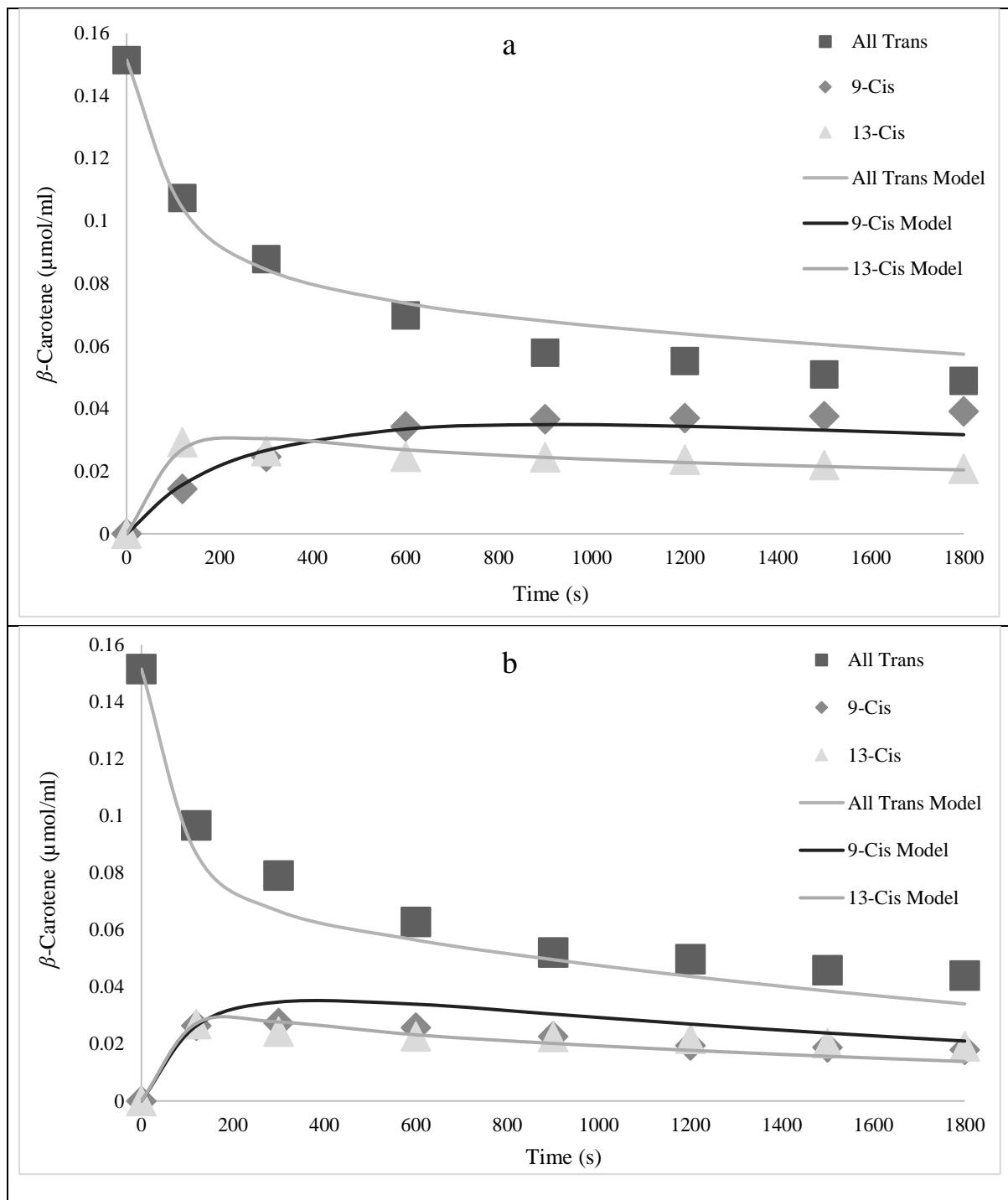


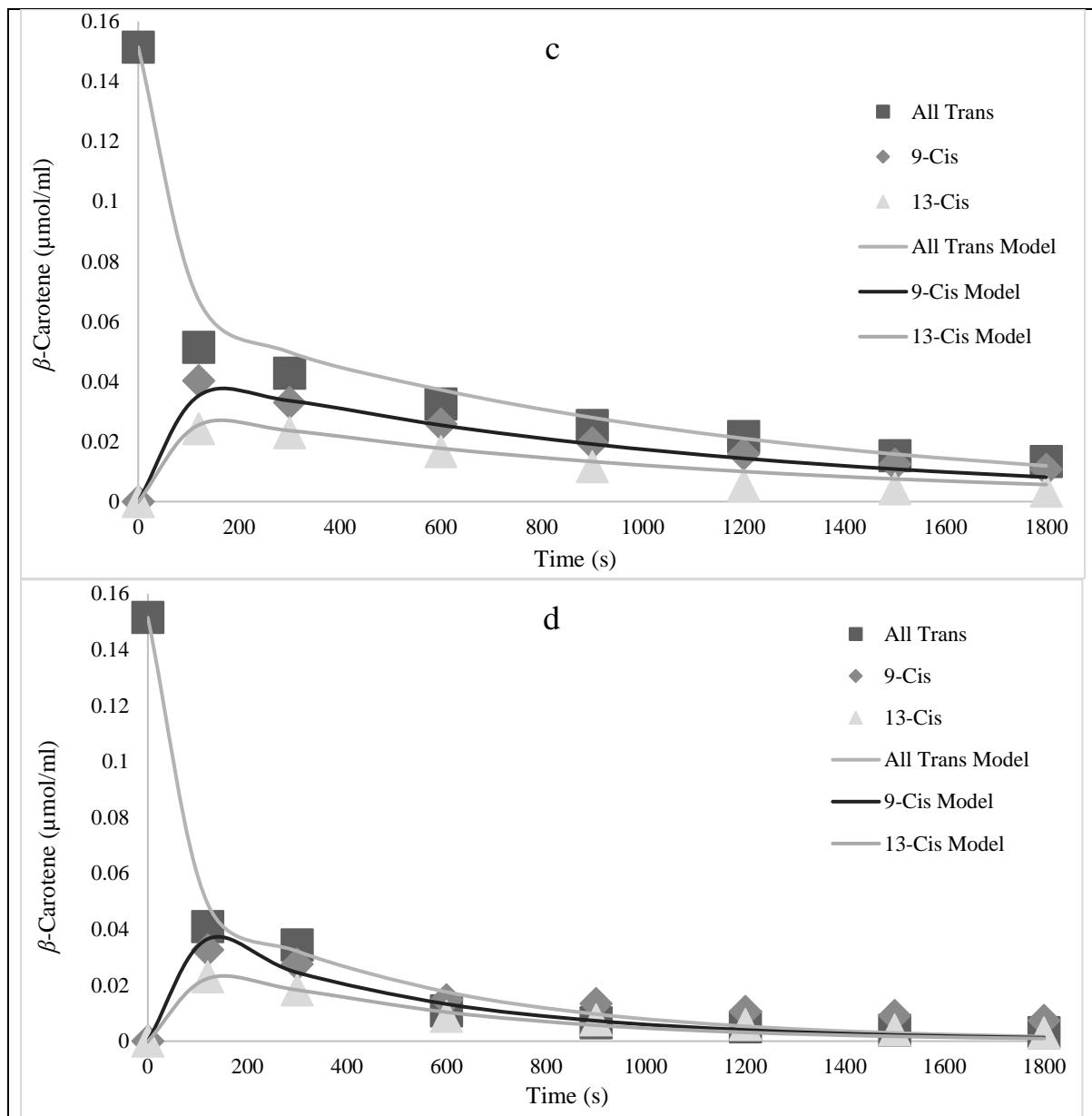
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736 Figure 4: Schematic representation of the reaction network which includes degradation and
 737 isomerization of β -Carotene during heating in sunflower oil.

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Figure 5: Concentration of β -Carotene isomers during thermal degradation of trans- β -Carotene in sunflower oil at different temperatures (a) 160 °C, (b) 180 °C, (c) 200 °C, and (d) 220 °C. Solid lines passing through the experimental points are deduced from indicate Athena Visual Software applied to reaction network shown in Fig 4. All experimental datasets were used for predictive modelling. Hence, no standard deviations applied.

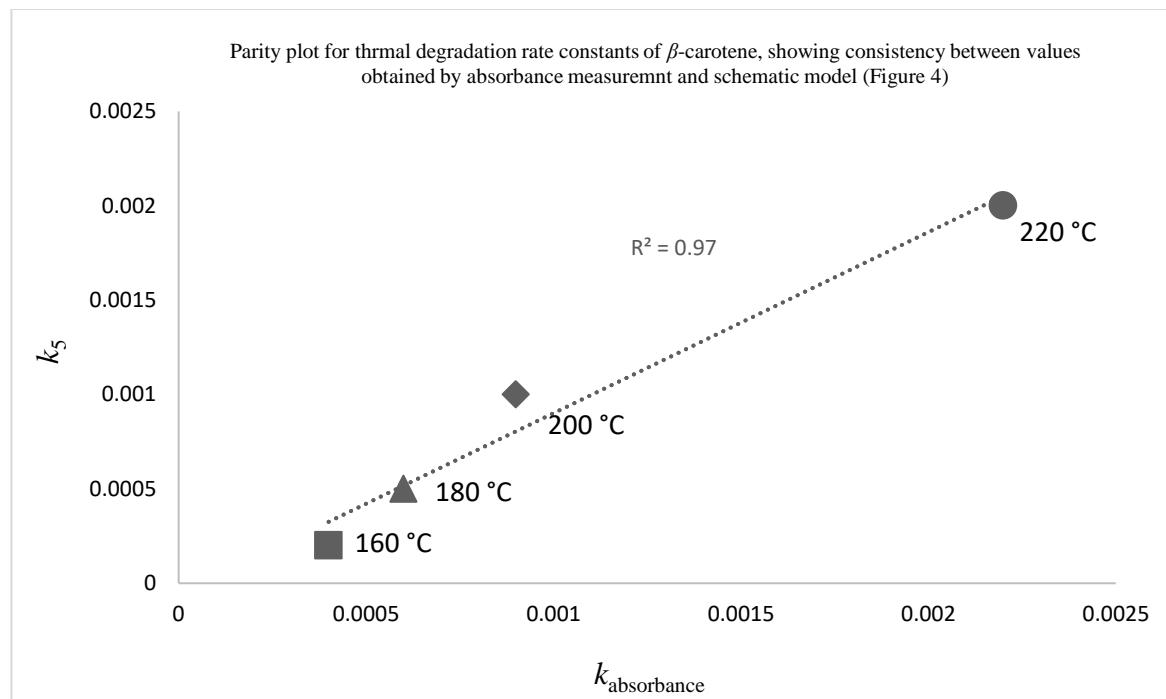


Figure 6: Parity plot showing consistency between the rate constant values obtained by absorbance measurement during β -Carotene degradation, and the value of k_5 estimated by Athena Visual Software.

supplemental Information

Table 1S: Values of degradation rate constants in extract and solid phases for β -Carotene after fitting to eqn. (5) for Beta-carotene. Experiments performed with solid to liquid ratio 20 kg m⁻³ and for different particle sizes at different temperatures.

Sl.	Particle size	Temperature (°C)	$k_1 \times 10^{-4}$ (Degradation rate constant in the solid phase, s ⁻¹)	$k_2 \times 10^{-4}$ (Degradation rate constant in the liquid phase, s ⁻¹)	$(k_2)exp \times 10^{-4}$ (Degradation rate constant in the liquid phase experimental, s ⁻¹)	SSE × 10 ⁻⁶ (Eqn. 10)	R^2 (Eqn. 12)	Adjusted- R^2 (Eqn. 13)	RMSE × 10 ⁻⁴ (Eqn. 11)
1	0.35	90	---	---	---	17.60	0.94	0.94	10.83
		115	---	---	---	14.07	0.95	0.95	9.68
		135	1.41±0.01	5.84±0.39	1.00	20.17	0.89	0.87	36.67
		150	1.33±0.02	4.68±0.21	2.00	62.18	0.92	0.90	20.36
2	0.75	90	---	---	---	5.92	0.96	0.95	6.28
		115	---	---	---	90.82	0.99	0.99	2.46
		135	1.22±0.01	0.51±0.02	1.00	3.73	0.97	0.97	5.16
		150	1.01±0.01	0.62±0.02	2.00	35.95	0.99	0.99	16.03
3	1.40	90	---	---	---	0.99	0.99	0.99	2.57
		115	---	---	---	5.88	0.96	0.96	6.26
		135	1.42±0.06	1.34±0.05	1.00	86.01	0.98	0.98	2.47

150	1.45 ± 0.07	4.08 ± 0.10	2.00	14.74	0.92	0.90	10.26
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746 Note: the model parameters were predicted by using average value of triplicate experimental dataset (n=3).

747 k_1 — Degradation rate constant in liquid phase (s^{-1})748 k_2 — Degradation rate constant in solid phase (s^{-1})749 $(k_2)_{\text{exp}}$ — Degradation rate constant in liquid phase experimental (s^{-1})

750 SSE – Sum of squared errors

751 R^2 – Co-efficient of determination752 Adj. R^2 – Adjusted Co-efficient of determination

753 RMSE – Root mean squared error

